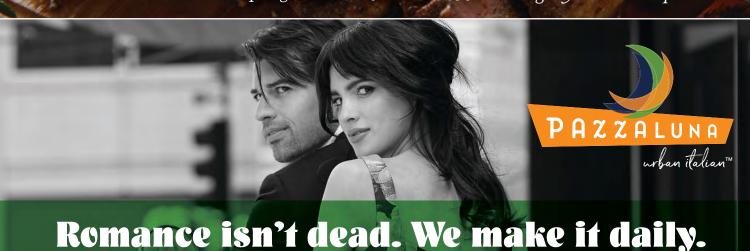




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With several Minneapolis chefs boasting James Beard Awards, don't be surprised when exotic and flavor-packed tastes from around the globe flip your world upside down.

20 Notable Neighborhoods

Explore Minneapolis, St. Paul and the surrounding suburbs like a local with day trip itineraries, fun facts and must-sees.



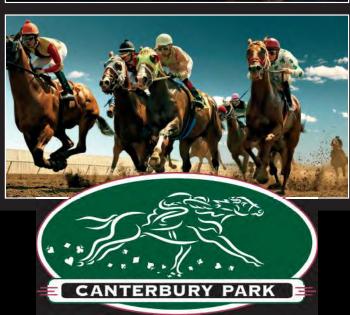
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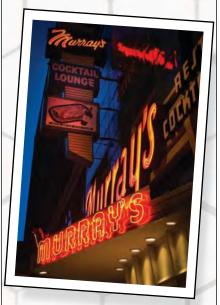




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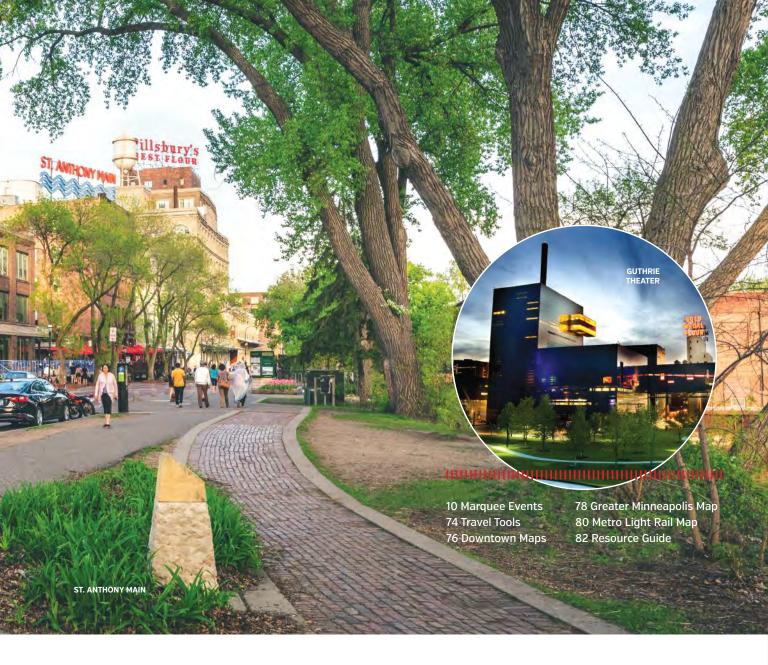
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62 Escape to the Elements

From spring's blossoming flowers to fall's gorgeous foliage and every season in between, an outdoor oasis awaits.



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Welcome

NOT JUST ANOTHER CITY Minneapolis isn't a city to be overlooked, nor is its sister and across-the-river neighbor St. Paul. Sure, Minnesota boasts 11,842 lakes and the massive Mall of America, but it also takes pride in its Twin Cities—and deservingly so. The area is acclaimed for more than you'd think, like its award-winning restaurants; nearly 100 historic establishments and museums; 56 regional parks and park reserves that flaunt almost 400 miles of interconnected trails; and dozens of theater venues, classical music groups and dance companies. In fact, Minneapolis-St. Paul is currently voted as Most Underrated City in the U.S. by Ranker, a polling site that gauges the ongoing opinions of the public. To prove just how much we have to offer, we've collected the very best of where to go, what to see, how to get there and everything else you need to experience Minneapolis and St. Paul like a pro.

So, in true Minnesota-nice fashion, we're happy to welcome you to the Midwest's culture capital. Here's to endless adventures and unforgettable experiences. No matter what brought you here or how long you plan to stay, we hope our Twin Cities' top-of-the-line dining options, sports scene, outdoor recreation, nightlife and more treat you well.











Join us for contemporary tavern fare that celebrates the flavors of Minnesota. Or belly up to the bar for local beers and spirits.

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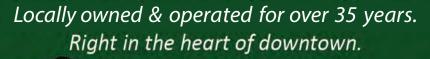
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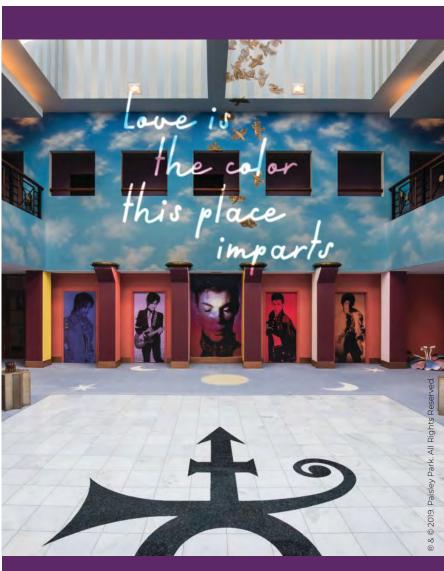
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Minneapolis

Official Visitors Guide to the Twin Cities Area

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PUBLISHER Tammy Galvin

EDITORIAL

SENIOR EDITOR CUSTOM PUBLISHING Claire Noack
CONTENT DIRECTOR Katelyn Bloomquist
ASSOCIAIE EDITORS Katie Ballalatak,
Lianna Ath McLernon, Erik Tormoen
EDITORIAL INTERNS Caitlin Anderson, Kyra Bowar, Kait Ecker,
Mimi Geller, Jonah Harrison, Emily Heegaard, Meghan Joyce,
Maggie Selner, Mikayla Snyder

ART

SENIOR ART DIRECTOR Jamie Bankston
GRAPHIC DESIGNERS Mandy Finders, Kathryn Saffell

PRODUCTION

PRODUCTION PROJECT MANAGER Amy Goldberg
PRODUCTION TRAFFIC COORDINATOR Amanda Wadeson

SALES

SENIOR ACCOUNT EXECUTIVE Kristin Gantman kristingantman@greenspring.com ACCOUNT EXECUTIVE Kristina Healy khealy@greenspring.com

GREENSPRING BUSINESS OFFICE
BUSINESS MANAGER KATHIE GORECKI
OFFICE MANAGER Christine Cool
ACCOUNTING ASSISTANT Karley Locricchio
Director of Audience Development Michelle Vanarman

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CEO Stefan Wanczyk **PRESIDENT** John Balardo

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MARCH 7-8 Minnesota Monthly's Food & Wine Experience

The Midwest's largest food and wine festival is one of the best places to try limitless samples of local, regional and national wine, plus gourmet bites. foodwineexperience.com

MARCH 14-17 Coop FIS **Cross-Country World Cup**

For the first time in a generation, the faster skiers from around the world will compete in the World Cup Sprint Finals in Minneapolis' Theodore Wirth Park. loppet.org

MARCH 17 St. Patrick's Day Parades

Don your finest green garb and watch the festive parades in both Downtown Minneapolis and St. Paul, and then party at the packed two-block street party, Luckypalooza, with all of the Irish food, drinks and bagpipes you could ask for. visitsaintpaul.com, minneapolis.org

MARCH 29 Cochon555

Fall in love with 1,500 pounds worth of allyou-can-eat pork dishes at this culinary competition featuring some of the best Twin Cities chefs. cochon555.wpengine.com

APRIL 9-25 Minneapolis St. Paul International Film Festival

The 39th iteration of this film festival shows more than 250 films across all genres from more than 70 countries. Check the schedule for special director talks as well. mspfilm.org

MAY 9 Wordplay

The Loft Literary Center brings beloved authors to Minneapolis for readings, writing workshops, conversations and more. True to every book lover's personality, there are both quiet reading corners and lively get-togethers. loft.org

MEMORIAL DAY WEEKEND,

JUNE 13-OCT. 31 Historic Fort Snelling

While perhaps best known for its historic military exercises, Fort Snelling also lets visitors experience untold narratives,

blacksmithing, time-period games, tours, activity stations and more. mnhs.org

JUNE 15-21 Minneapolis Comedy Festival

The Minneapolis Comedy Festival brings you the biggest laughs from the most popular comedians with live stand up, TV, podcasts and more.

minneapoliscomedyfestival.com

JUNE-AUGUST Music in the Zoo

Listen to your favorite local musicians at one of the best outdoor amphitheaters around (and come back the next day to see an educational bird show in the same spot). mnzoo.org



JAN. 23-FEB. 2 Great Northern Festival Minnesotans are known for bragging about winter, and here's a chance to embrace it. the great northern festival.com

JAN. 23-FEB. 2

St. Paul Winter Carnival

Split your time between the magic of Rice Park's ice sculptures, ice rink, music and city parade and the Vulcan Snow Park with a snow maze, snow sculptures and more. wintercarnival.com

JAN. 23-26

U.S. Pond Hockey Championships

The 15th annual championship brings the state of hockey back to its roots for multiple competition levels and the fight for the golden shovel. uspondhockey.com

JAN. 31-FEB. 2

City of Lakes Loppet Ski Festival

Enjoy the crisp air as a cross-country ski racer or spectator, take a night for the candle-lit luminary loppet trail or see the very Minnesotan sport of skijoring-skiing with your dogs-close up. loppet.org



JUNE-SEPTEMBER Open Streets

Visit Minneapolis' unique neighborhoods during this series of summer block parties. openstreetsmpls.org

JUNE 19 Juneteenth

To commemorate the end of slavery, this community-led festival starts with a morning parade and ends at Bethune Park with seven hours of historical re-enactments, music, performances and a marketplace of more than 60 vendors. *minneapolisparks.org*

JUNE 20 Rock the Garden

Music fans gather on the grassy hill next to the Walker Art Center as a lineup of bands, hand-picked by The Current radio station, perform on two outdoor stages. Besides listening to awesome tunes, you can walk around the contemporary art museum or the Minneapolis Sculpture Garden. rockthegardenfestival.com

JUNE 20-21 Stone Arch Bridge Festival

Spend Father's Day weekend by the Mississippi River, browsing the work of over 200 local artists and enjoying multiple music stages, a car show, family activity area and more. stonearchbridgefestival.com

JUNE 27-28 Twin Cities Pride

Celebrate love and support the LGBTQ+ community at one of the largest free Pride festivals in the country. After the parade, spend the day in Loring Park where four stages, 400 exhibitor booths, 40 food vendors and more await. *tcpride.org*

JUNE 28 Uptown Food Truck Festival

Come hungry and order up from some of the Twin Cities' tastiest food trucks at this free-admission event. If you need a break from the grub, you can always sip some drinks, enjoy live music and play outdoor games. uptownfoodtruckfestival.com

JULY-AUGUST Sommerfest

Every summer, the Grammy-winning Minnesota Orchestra puts on a special musical series with innovative collaborations and beautiful works to remind you that music, no matter where it's from, ties everyone together. *minnesotaorchestra.org*

JULY 4 Red White and Boom

This Independence Day celebration starts off with a 5K, half marathon and relay, and then in the evening, a family festival and fireworks cap it all off. *minneapolisparks.org*

JULY 10-11 Basilica Block Party

This weekend-long music festival began as a fundraiser for the historic Basilica of St. Mary, and now it's a yearly summer staple with award-winning artists and local stars brought together by radio station Cities 97.1. basilicablockparty.org

JULY 16-19 Summer X Games

Flips, tricks, twists and huge air all make an appearance at U.S. Bank Stadium for this extreme sports festival—all thanks to skate boarders, motocross riders and more. *xgames.com*

JULY 22-25 Aquatennial

The "best days of summer" include a torchlight parade, tennis tournament, family fun night, water ski show and one of the top five firework displays in the nation. aquatennial.com



GET ARTSY From May 15-17, experience the largest open studio tour in the country at **Art-a-Whirl** in Northeast Minneapolis. While it still showcases hundreds of artists, people can also take in a number of music performances. For even more art crawls, check out the **St. Paul Art Crawl** [April 24-26] and some of the largest art fairs in the region, like the **Edina Art Fair** [June 5-7] and **Uptown Art Fair** [Aug. 7-9]. You can also check out **Art in the Hollow** and the **St. Anthony Park Arts Festival** [both June 6 in St. Paul], **Art on the Lake** [June 13-14 in Excelsior], the **Powderhorn Art Fair** [Aug. 1-2 in Minneapolis] and the **Red Hot Art Festival** [mid-July in Minneapolis], which celebrates the DIY spirit in Minneapolis' Stevens Square Corner.



A SMALL WORLD For almost 90 years, the Festival of Nations [Apr. 30-May 3] has shown that the roots of Minnesotan people span the globe. Take in four days of traditional performances, exhibits, demonstrations and food from more than 100 different ethnic groups. If you can't make that, clear your calendar for one of Minnesota's other standout cultural events.

Lunar New Year Celebration Jan. 25 **Black History Month February** Holi by HSMN March 14 Cinco de Mayo in West St. Paul May 2 Scandinavian Summer Fest June 28 **Hmong Freedom Festival July** Somali Independence Day July 1 Taste of Liberia July 11 Dragon Festival July 11-12 Twin Cities Carifest July 25 Little Africa Fest Aug. 1-2 Irish Fair of Minnesota Aug. 7-9 Japanese Obon Festival Aug. 16 **Ukranian Heritage Festival September** Minneapolis Greek Festival Sept. 11-13 Twin Cities Polish Festival Mid-October Diwali by HSMN Oct. 17 **Kwanzaa Celebration December**



JULY 30-AUG. 9 Minnesota Fringe Festival

Attend one of the hundreds of performances that make up the most adventurous theater event in the state. These shows span every genre and include one-person shows, dance performances and musicals. If you're looking for a family-friendly experience, check out Family Fringe. *minnesotafringe.org*

AUG. 22-OCT. 4 Renaissance Festival

Step into a magical place where Renaissance courtiers, Vikings warriors, mermaids, fairies and knife throwers all intermingle. *renaissancefest.com*

AUG. 27-SEPT. 7 Minnesota State Fair

For the past three years, attendance at the Great Minnesota Get-Together has broken record after record. People can't get enough of the exclusive food and drinks, shows, iconic giant slide and more. mnstatefair.org

SEPTEMBER-OCTOBER

Sever's Fall Festival

The corn pit, pumpkin patch and play areas are all huge attractions, but many visitors' favorite is the humongous, hand-cut corn maze—the second oldest in the country. seversfallfestival.com



SEPT. 12 Monarch Festival

Monarch butterflies migrate 2,300 miles from Minnesota to Mexico. To mark their journey, the park at Lake Nokomis is filled with hands-on art, native plants, real monarchs and festivities. monarchfestival.org

EARLY OCTOBER Zombie Pub Crawl

As the world's largest gathering of zombies (certified by the Guinness Book of World Records), this zombie pub crawl is half pub crawl, half music festival and a whole lot of zombie makeup. zombiepubcrawl.com

EARLY OCTOBER Twin Cities Oktoberfest

Raise a stein with more than 4,000 other people for Oktoberfest in St. Paul. Bring the whole family to the state fairgrounds for authentic food, traditional German performances, games and more. twincitiesoktoberfest.com

LATE OCTOBER BareBones

Puppets, performers and fire give you just a little sneak peek of what this outdoor Halloween spectacular in Hidden Falls Regional Park looks like. barebonespuppets.org

LATE OCTOBER Twin Cities Tap Festival

Whether you're a tap dancer yourself or you simply appreciate the style, this weekend festival brings together the best of the metro and the whole country. twincitiestap.com

OCT. 2-4 Medtronic Twin Cities Marathon Weekend

Fans line the streets with cow bells and signs to cheer on runners for the 5K, 10K, 10-mile and marathon races. tcmevents.org

OCT. 21-31 Twin Cities Film Festival

With a focus on local and regional filmmakers, these screenings showcase the bright talent and creative visions of the Minnesota film scene. twincitiesfilmfest.org

NOV. 27-DEC. 20 Holidazzle

Get into the holiday spirit with free ice skating, a holiday market, outdoor movies, lit-up trees and of course, visits from Santa Claus, all in Loring Park. holidazzle.com



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African

Minneapolis' first Ethiopian restaurant The Red Sea features sambusas (meat- and vegetable-stuffed pockets of fried dough) and vegetarian dishes as well as local bands and dance floor-ready DJs. Deg Deg Grill fuses Mexican, American and Mediterranean, with a quesadilla, a gyro and a chicken kutuleti on one menu, while City Afrique focuses on West African cuisine, using fufu (a soft bread for sauces or stews), attieke (a type of couscous), cassava (tapioca) and palm butter.

......

Asian

PinkU takes a fine-casual, street food-inspired approach to the fresh ingredients of a full-service Japanese restaurant (as in: no storage freezer here). Meanwhile, the fiercely adored Zen Box Izakaya brings artistry to comfort food, serving up beautiful bowls of ramen and rice. Malaysian and Southeast Asian dishes, such as coconut butter chicken and green curry shrimp, come together in an open kitchen at Peninsula Malaysian Cuisine, while family-owned Black Sea

Restaurant has honed classic Turkish and Mediterranean meals for nearly 20 years.

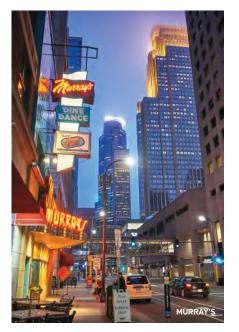
Kinhdo serves Vietnamese and Chinese options in an inviting Uptown spot, Wakame Sushi & Asian Bistro delivers authentic and fusion takes on Japanese and Southeast Asian staples, and Dancing Ganesha adds Indian spice to Downtown Minneapolis, preparing tikka masala, vindaloo, curry and more. Also downtown, Seven features a rooftop view, cocktails, steakhouse choices and sushi. For a Thai fix, Pattaya Thai offers noodle dishes, seafood, duck entrées, Thai beverages and more.

European

Grand Café has earned a James Beard Award nomination for its twists on French classics, while the casual-yet-refined French dining at Salut includes oysters and wine alongside burgers and fries. Wayzata's Bellecour bakes French pastries and has a full menu devised by James Beard Award winner Gavin Kaysen. Meritage gets points for its oyster bar, formal surrounds and next-level brunch. In Downtown Minneapolis, Giulia prepares fresh mozzarella and northern Italian cuisine with simplicity and style. Having poured the world's largest volume of Jameson Irish Whiskey, The Local plates such Irish standbys as shepherd's pie and fish and chips.



VEGAN JAMS The brother-sister team behind the Herbivorous Butcher in Northeast Minneapolis creates protein-rich meat alternatives—from sausages to ribs and chicken—and "cheese-free" cheeses. Plant-based eatery J. Selby's serves comfort food, like Beyond Meat burgers and baked goods, alongside stir fries and salads, while Fig + Farro makes an upscale dining experience accessible to vegans with sophisticated entrées and pizzas.



Mediterranean

Downtown Minneapolis goes Greek at **Trieste Café**, with gyro and falafel combos and pita sandwiches. For Lebanese, **Zakia Deli** serves beef-lamb gyros, baklava, plus American-meets-Mediterranean breakfast items. In a tiny downtown space with a patio, **Zelo** uses fresh, local ingredients for

contemporary Italian, while **Red Rabbit** makes its pizzas and pastas with straightforward authenticity.

North American

Cut into a classic steakhouse experience at Murray's. Near Loring Park, Café & Bar Lurcat pairs a nouveau ambience with sophisticated seafood and bar bites. At nine locations, Key's Café serves baked goods and hearty meals, while Butcher & the Boar spruces up old-world dishes in a new type of steakhouse, with a communal setting and patio. At the James Beard Award-garnering Restaurant Alma, you can take a seat at the bar, order from the counter bakery or choose from an à la carte menu. In St. Paul, St. Dinette dishes up French flavors as told along the Mississippi River, from Montreal to New Orleans to the Gulf of Mexico, while W.A. Frost delivers on its beautiful, historic Cathedral Hill spot with contemporary American offerings.

South American

Chimborazo chef Marcos Pinguil introduces diners to the cuisine he grew up with in Ecuador and the Andean highlands, and pairs it with fried sweet plantains. **Sonora Grill** serves Latin American and



Spanish-infused options alongside signature cocktails, while Hola Arepa specializes in Venezuelan-style arepas, inspired by Latin street food and helmed by James Beard Award nominee Christina Nguyen. Café Ena combines Latin American flare with chef Hector Ruiz' French training, while the authenticity-focused Taqueria la Hacienda brought tacos al pastor to Minnesota, made with schwarma spit-grilled meat. Taste Mexico City in the tacos, burritos, tortas and more at El Taco Riendo.

SWEET TREATS

Edwards Dessert Kitchen has taken sweets to a new level, innovating cakes, cookies and other indulgences (try the Mango Coconut Crème Pie Puff, the Rocher Mousse or the Mixed Berry Ice Cream Pie). **French Meadow Bakery**'s locally sourced menu boasts a dessert section with some of the best pastries, cakes and tarts in the area, most of them vegan or gluten-free.

Glam Doll Donuts has upped the region's doughnut game with quirky, rotating flavors, including signatures like the Femme Fatale (raspberry curd and vanilla icing) and the Bam Bam (topped with Fruity Pebbles). **Bogart's Doughnut Co.** perfects classics using brioche dough,



its standout covered in a brown-butter glaze.

Mojo Monkey bakes imaginative doughnuts in St. Paul,

Sleepy V's specializes in mini doughnuts, and Cardigan

Donuts brings an artisanal touch to Downtown Minneapolis,
also dishing up oatmeal and yogurt bowls.

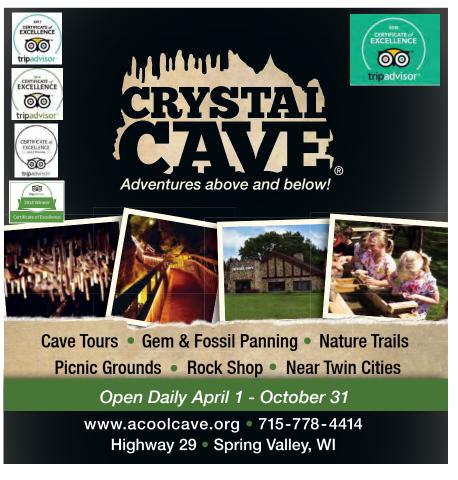
For ice cream, head to **Sebastian Joe's** two locations in Minneapolis and pair coffee with one of its many unique flavors (try the signature Nicollet Avenue Pothole), or hit up **Izzy's Ice Cream**, with shops in Minneapolis and St. Paul, for creative, top-of-the-line experiments. **MN Nice Cream** has made Instagram bait out of colorful soft serve and a trove of toppings (marshmallows, edible glitter, baked treats, fresh fruit and more).

















Minneapolis

Check out **Surly Brewing Co.**, Minneapolis' most popular destination brewery with its local-favorite Furious IPA, impressive beer hall and delicious menu. For a smaller space, head over to **Dangerous Man Brewing Co.**'s taproom to try its highly rated Peanut Butter Porter. Also in Northeast Minneapolis and just blocks away from each other are **612Brew**, **Bauhaus Brew Labs** and **Able Seedhouse + Brewery**, which makes for a perfect mini beer tour.

Insight Brewing is a must-visit for its coffee golden ale named the Return of Banshee Cutter, and you can't miss Fulton Brewing's famous flagship, the Lonely Blonde. Lakes & Legends Brewing Co. has mastered the craft of Belgian and farmhouse ales, while LynLake Brewery has a rooftop and rotating selection of limited batch brews—perfect for sipping in the sunshine.

The brewing community is friendly wherever you go, but community has a special place in the brewing cooperatives in Minneapolis. At Fair State Brewing Co-Op and Broken Clock Brewing Co-Op, you'll always find a brewing enthusiast with whom to share your love of good beer.

St. Paul

While in the capital city, you can't miss Summit Brewing Co., home to the popular Extra Pale Ale and the second largest brewery in the state by barrel production. Techs, geeks and engineers alike will love the creative naming behind Tin Whiskers, but everyone will love its American wheat ale and IPA flagship beers. For a beautiful patio and spacious indoor seating, stop by Lake Monster Brewing and enjoy one of its aquatic creature-themed beers like the Empty Rowboat IPA or Calhoun Claw Pilsner. Something is always brewing at Bad Weather Brewing Co. whether it's a hoppy IPA or a fruity sour, complemented by the brewery's lively patio and plethora of yard games.

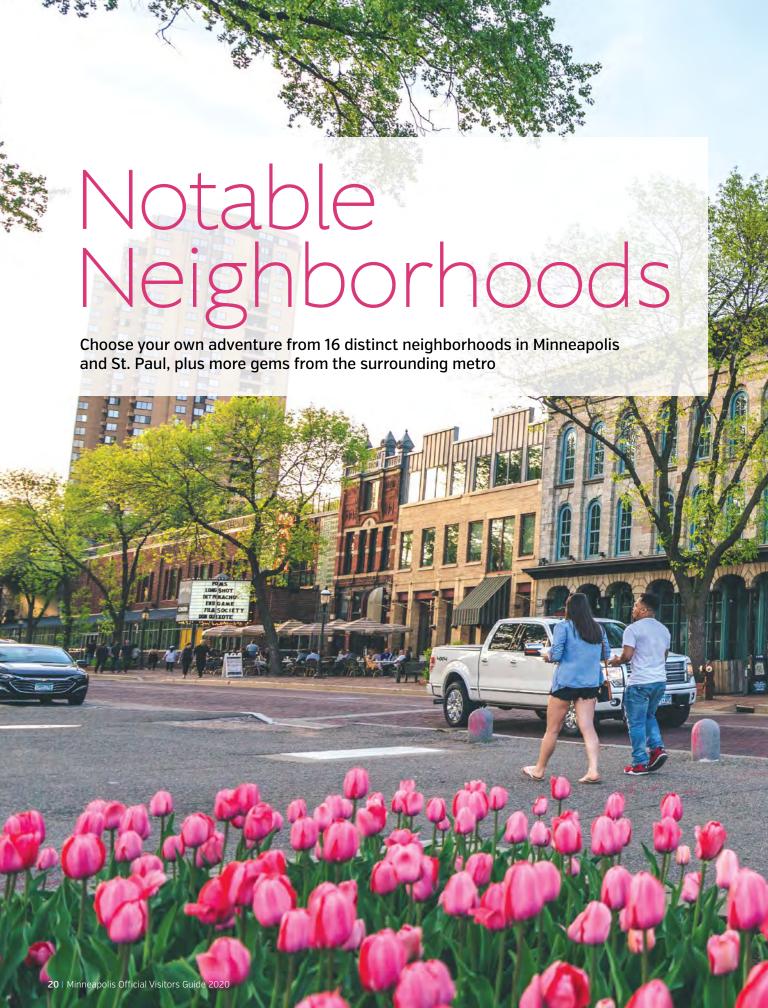


CREATIVE COCKTAILS Step back in time at the Prohibition Bar on the 27th floor of the Foshay Tower, or check out the Young Joni Back Bar and Marvel Bar—serving up original cocktails in hip atmospheres. Meanwhile, Icehouse and Parlour are known for balancing tried-and-true favorites with new concoctions.

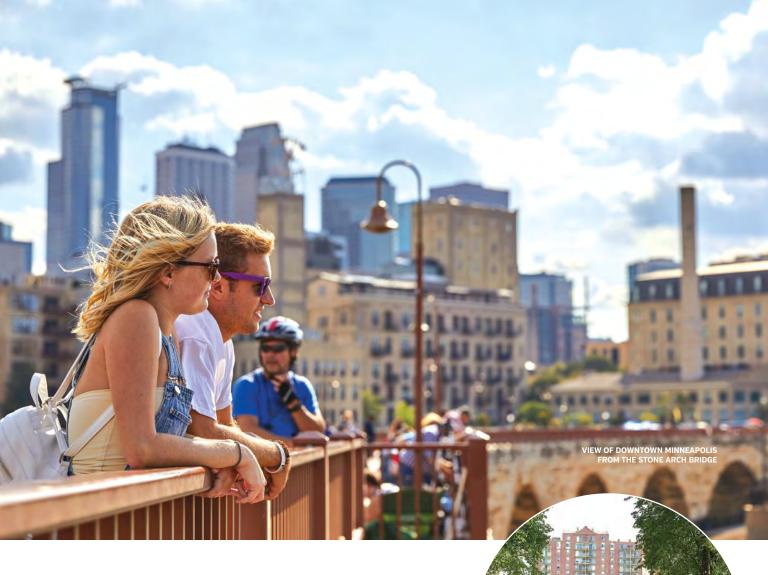
Visit Commodore Bar & Restaurant, author F. Scott Fitzgerald's old hangout, or Constantine, famed for its classy, Gothic interior. For more of a bistro feel with acclaimed cocktails, grab a bar seat at Eat Street Social and tap your toe to the Friday night DJ. Every restaurant has a story, but none are as vocal or entertaining as sister restaurants Betty Danger's and Psycho Suzi's. From the former, you can expect Ferris wheel dining, mini golf and one-of-a-kind margaritas; from the latter, you'll enjoy Mississippi River views with a tiki drink in hand.



SIPPIN' CIDER The cider trend is still on the rise, and Minneapolis is embracing it with open arms. Sociable Cider Werks is a staple with its expanded taproom and delicious tap list that offers everything from semi-sweet to super dry selections. Stop by Number 12 Cider in North Loop for its rotating selection of ciders on 16 tap lines, and don't forget about the new kid on the block–Minneapolis Cider Co. This Northeast Minneapolis gem provides visitors with a wide range of options from a Mango Habañero cider to its champagne-like Brut.

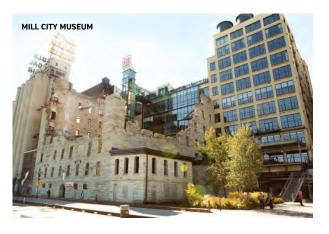






Downtown Minneapolis

While the streets of Downtown Minneapolis are lined with skyscrapers, they also reserve pockets of green space (and not just the enclosed turf of the Minnesota Twins' **Target Field**). There's the **Commons Park** by Vikings field and concert venue **U.S. Bank Stadium**, or **Loring Park**, where you can either stay for citywide festivals or simply pass through on your way to the 11-acre **Minneapolis Sculpture Garden** and its neighboring contemporary art museum, the **Walker Art Center**.



Yet another nature area is

Gold Medal Park, which is bordered
by the Tony Award-winning Guthrie Theater

and Izzy's Ice Cream. Its location along the Mississippi riverfront means you're in the Mill District and a quick walk from the historic Stone Arch Bridge and Mill Ruins Park. You can learn about how these locations shaped today's city with tours of the St. Anthony Falls Lock and Dam and a visit to the Mill City Museum.

WALKER ART CENTER
AND THE MINNEAPOLIS

Whichever green space you choose, consider stopping by **Faribault Woolen Mill** and **Open Book** for a blanket and locally published book, respectively. While Minneapolis has plenty of attractions to go, go, go, it's also a great place to enjoy a leisurely afternoon in the park.



DAY TRIP ITINERARY Near Hennepin Avenue, shopping and eating options are found on all levels-on patios, within skyways and on rooftops-and countless nightlife memories are yours for the making.

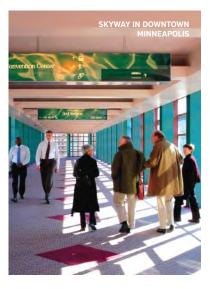
Morning: Start the day off with a weekend brunch at Hell's Kitchen, which features a 35-foot bloody mary bar, lemon ricotta pancakes and, if you're lucky, live jazz. If you want to indulge your sweet tooth, stop by Angel Food Bakery right upstairs. For both a huge menu and extensive bakery, try Hen House Eatery. (Insiders tip: On Thursdays, it's BOGO

Afternoon: Not to give away too much-flip to the next page for more information-but the shops and eateries around the recently remodeled and pedestrian-friendly Nicollet are the best way to spend the afternoon. Need a taste? Think stores like Banana Republic and food like La Belle Crepe's crepes and pho.

Evening: Consider grabbing a ticket for the Broadway tours and shows that fill the **Hennepin Theater District** or pass Prince's gold star on the way into a First Avenue & 7th St. Entry concert. For an arena show (or if the season's right, a WNBA or NBA game), head over to the Target Center.



ANGEL FOOD BAKERY



DID YOU KNOW? Minneapolis' skyway system covers more than 9 miles of ground, or rather, second-level walkways. Besides being a savior in rainy or cold weather, the skyways also hold a plethora of eateries and shops, especially for weekday visitors. Favorites include Sushi Takatsu or Green + the Grain. Allie's Deli and Pateen have won over people for their scones, and specialty spots like Cardigan Donuts and Yogurt Lab fulfill any craving you have throughout the day.







Nicollet

Nicollet, also known as Nicollet Mall, has been the 12-block heart of Downtown Minneapolis for more than 100 years. Lined by more than 240 trees, a programmable light walk, multiple Fortune 500 companies, eateries, stores and entertainment spots, the recently reconstructed and pedestrian-friendly space also offers its own community events and gathering places.

Depending on the day, you might be treated to live music, a fitness class, light show or a theater performance along the lane, and you can always go on a self-guided tour to dive deeper into Nicollet's history, architecture and art with Go Tours on the SoundCloud, izi.Travel or Pocket Travel apps. When you're done exploring Nicollet, you can easily catch a Metro Transit bus or Metro light rail to another part of the city. Whatever you do, just don't forget to wave goodbye to the <code>Mary Tyler Moore</code> statue.

LOOKING FOR IDEAS? The Meet Minneapolis Visitor Center has local experts who can help make the perfect itinerary to enjoy all that the city has to offer. While you're there, buy your Metro Transit visitor pass, get your travel questions answered and shop Minnesota-made items as a way to remember your trip. 505 Nicollet, Suite 100, Minneapolis; 1-888-676-MPLS







OUT AND ABOUT Take in all Nicollet has to offer with these tried-and-true favorites.

Dining: Right near the Nicollet light rail station is HopCat, a bar and restaurant known for its 80 taps of beer and Cosmik fries. Barrio offers Mexican bites and a tequila bar, and the Newsroom has an eclectic menu with a plentiful steak and pork chop section, as well as walls covered in newspaper clippings. Right across the way, Zelo has refined Italian food, and for a more casual time, everyone loves Brit's rooftop patio for lawn bowling, soccer game screenings, and fish and chips. And–because we're on Nicollet–all of these spots have seasonal patios for al fresco dining.

Shopping: Popular spots like Gaviidae Common, IDS Center and the soon-to-open Dayton's Project house a number of retailers, but make sure to stop by Brooks Brothers, the country's oldest clothier, and upscale men's shoe company Allen Edmonds. Other apparel favorites include women's boutique Kisa, whose Turkish-influenced selection blends the adventurous and the refined, and Nordstrom Rack. Dry cleaning business St. Croix Cleaners is able to take care of any laundering needs during your visit as well.

Entertainment: For an hour of riddles, try the No. 1 escape room experience in Minneapolis, Escape the Room. If music and a meal is more your style, Dakota Jazz Club is just the thing with almost nightly concerts from powerhouse voices and talented musicians spanning genres including Americana, Latin, blues, R&B, and of course, jazz. While the Grammywinning Minnesota Orchestra often showcases collaborations that cross genres (think Cloud Cult), we know you'll love its classical repertoire, too.

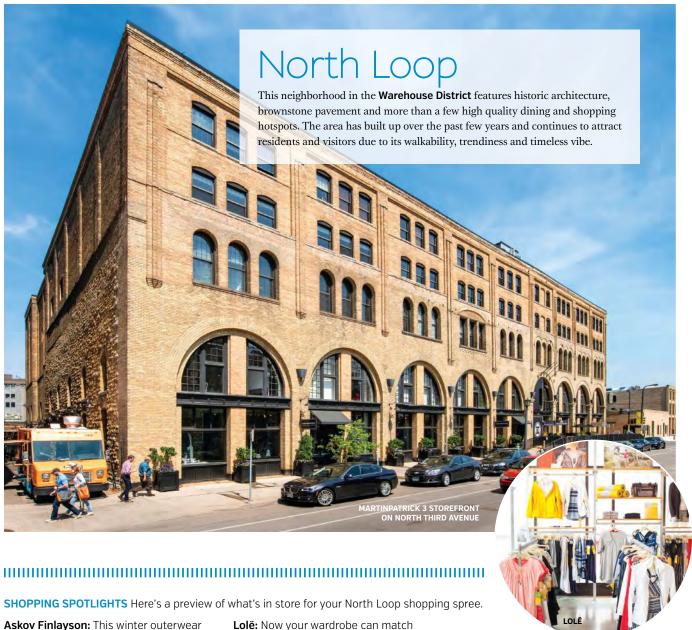


In the convention center itself, you can relax with a drink and some food at the **Craft Bar and Lounge**, but if you want to stretch your legs, you can walk a couple of blocks to **Lakes & Legends Brewing Co., Dunn Brothers**, or the **19 Bar**, one of the oldest gay bars in the metro. Delectable entrées can be found at **Ping's Szechuan**, across the street from the convention center, or three blocks away at **Ruth's Chris Steak House**. Need more options? Walk a block to Nicollet.

At the end of the day, you can rest in luxury at the nearby **Hilton Garden Inn Minneapolis Downtown** or go through the skyway to **Hotel Ivy**, **Hyatt Regency** and the **Millennium Minneapolis**.

BY THE NUMBERS The Minneapolis Convention Center has 475,000 square feet of exhibition space, more than 3,400 seats in the auditorium, 87 meeting rooms and two ballrooms—just a few of the impressive characteristics that make it a great meeting and events space.





Askov Finlayson: This winter outerwear company invests more money into preventing and finding solutions to climate change than it does its own manufacturing and operations.

D.NOLO: Standing for Destination North Loop, this co-op features fashion-forward retailers in the apparel and home décor areas, such as Bluebird Boutique.

Grethen House: Peruse women's apparel and accessories that range from minimalist pieces to whimsical designs.

Lolë: Now your wardrobe can match your lifestyle with jackets, swimwear and activewear.

MartinPatrick 3: Find apparel and furnishings for the modern man as well as three in-store businesses: men's grooming shop Marty's, the highly curated Loupe by JB Hudson Jewelers, and garment care and tailoring company All Seasons.

Parc Boutique: With a minimalistic sense, this boutique offers women's apparel, accessories and goods for home and body.

Russell + Hazel: Find all of your office organization needs here—from journals to planner and calendars—with more than enough aesthetic to go around.

Statement Boutique: Local brands and makers mix with designer ones like BB Dakota and AG Jeans at this affordable women's boutique that sells jewelry and accessories, too.



North Loop has global flavors as well as laid-back breweries, hip coffee shops and late-night bars. Fairgrounds Coffee & Tea has coffee and tea from around the world, while Moose & Sadie's has a menu of all-natural, made-from-scratch items such as quiche, biscuits and gravy, and pastries.

For casual food with and without seafood flair, grab a seat at the **Freehouse**. At the recently opened **Graze Provisions + Libations** food hall, you can try empanadas, banh-mi inspired sandwiches and more, and more plates to share are at **Nolo's** [and its late-night **Basement Bar**]. Meanwhile, Japanese dishes and sushi are found at **Kado no Mise**, but if you're in the mood for the best of the best, James Beard-winning restaurants **Bar La Grassa** and **Spoon and Stable** are the place to be.



TEE UP Part virtual golf course and part restaurant, the newly opened **Thr3 Jack** allows you to swing the club year round. The course simulators bring you to the iconic Pebble Beach, St. Andrews, Whistling Straits and more than 60 other locations.

Personality Profile: Heather Novak-Peterson

The visual storyteller, graphic designer and Minneapolis fanatic details her ultimate day out in the place she calls home



You can find Heather Novak-Peterson's work around the Twin Cities in offices, restaurants, hotels and even private residences. Her vivid imagination and dynamic layering in her pieces draw from her Minnesota experiences, such as running along Lake of the Isles and admiring Downtown Minneapolis' gorgeous skyline from the Stone Arch Bridge.

"I am such a huge fan of Minneapolis," Novak-Peterson says. "I started hashtagging on my social media #iloveminneapolis because I feel like a vast majority of my art has been inspired from working and playing in Minneapolis."

With such a strong love for our city, it's no surprise she has a list of go-to destinations for food and fun. Check out her Minneapolis musts below.

EATS: For Novak-Peterson, a cup of coffee from the **Bachelor Farmer** in the North Loop is the only way to start the day. "I love the coffee," she notes. "It's a great little spot to meet people, look at all the buildings, or sit on my laptop and get work done."

For lunch or dinner, she's likely headed a few blocks up the street to **Smack Shack** for lobster or to South Minneapolis for fresh veggies at **Wise Acre Eatery**. She's also a fan of **Borough**, another North Loop favorite. "I actually did the branding for them, that's my handwriting on the logo," she adds.

ACTIVITIES: "I really love to go to the Minneapolis Sculpture Garden. I'm always checking into the Walker Art Center and Minneapolis Institute of Art to get inspiration because it's really important for me to reflect on what I love to do." She also frequents the Guthrie Theater.

OUTDOORS: With urban locations around every corner, Novak-Peterson visits her favorite outdoor spots year round. "**Minnehaha Falls** is always a fun place, especially in the winter with all the icicles."

"Being able to bike around on the greenway is a fantastic chance to see all the neighborhoods in the Minnehaha area," she adds. "I love that area; there are so many gorgeous parks and parkways that all have their own interesting character."

ALL-TIME FAVORITE MINNEAPOLIS SPOTS:

The Museum of Russian Art, Bde Maka Ska and Lake of the Isles.





Northeast Minneapolis

Take a stroll across the scenic **Stone Arch Bridge** in Downtown Minneapolis to **Northeast Minneapolis**, a hub of innovation. There's **St. Anthony Main**, a stretch of cobblestone streets adjacent to the Mississippi River, and its iconic **St. Anthony Main Theater**, which hosts the **Minneapolis St. Paul International Film Festival** every April. Along the canopied strip, you'll find boutiques, seasonal tours like the **Segway Magical History Tour**, and popular food joints. **Wilde Café and Spirits**, a Northeast classic with peacock-colored walls, and **Aster Café**, a romantic eatery with a courtyard perfect for summer nights, are among the coziest cafés in the area, but if you're



more into the bar scene, check

out the speakeasy-style **Young Joni's Back Bar**, specializing in craft cocktails, or the relaxed **Northeast Social**. It wouldn't be a true trip to Northeast without a stop at the well-known sausage joint **Kramarczuk's** for European specialties. For more fantastic foods from around the world, sit down with a British-inspired plate at **Anchor Fish & Chips**, or dig into some southeast Asian street food at **Hai Hai**.

YOUNG JONI

DID YOU KNOW? Northeast streets are named after U.S. presidents in chronological order to help immigrants study for their citizenship tests.



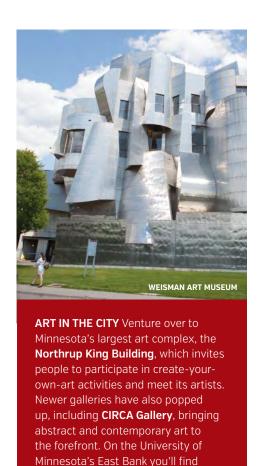
A DAY IN DINKYTOWN If you've ever wanted to experience life in a college town, Dinkytown at the University of Minnesota fits the bill. With so many restaurants, bars and events, this area will keep you busy all day long.

Morning: Al's Breakfast is a hole-in-the-wall spot with breakfast items so popular that it's usually sporting a line out the door. For a frequently visited locale, the Purple Onion is an equally safe bet. It serves not only refreshing coffee and tea, but breakfast and lunch items, specialty pizzas, and ice cream from the Grand Ole Creamery as well. For coffee with cozy vibes, **Bordertown** is a café hidden among Fraternity Row on University Avenue-it's even an old fraternity house itself.

Afternoon: For mouthwatering food options, try Shuang Cheng, a restaurant with a traditional take on Cantonese favorites, or the Loring Bar & Restaurant, known for its homemade pasta, live music and dancing space. Annie's Parlour, a local gem with delicious burgers and fry-dipping-worthy malts, brings diner vibes to a modern-day audience.

Take a 10-minute walk to the **Stadium Village** area to see the Minnesota Gophers fight for the win at venues like TCF Bank Stadium. You could also make your way to Northrop Auditorium, where some of the world's best dance companies tour.

Evening: There are many late-night options in the neighborhood, whether it be Irish-inspired Blarney's Pub and Grill or longtime Gopher hotspot Sally's Saloon for tasty sips and appetizers. There's also the Kitty Cat Klub, a brick-lined lounge with a vibrant, bohemian atmosphere, and around the corner, the Varsity Theater, a well-loved music venue.



the strikingly obscure Weisman Art

Museum, a massive metal structure

that houses over 25,000 works of art.







Enjoy Eat Street (17 blocks of authentic, ethnic cuisine including Vietnamese, Mexican, German and Greek) and the Chain of Lakes located in South Minneapolis. For a truly Minnesotan outdoor experience, the waters of Lake Harriet are ones not to miss. In this southwest area, you'll see runners, cyclists and pedestrians taking advantage of the winding paved trails along its shorelines. During the summer months, try Bread & Pickle, a refined concession stand created by local restaurateur Kim Bartmann to accompany the Lake Harriet Bandshell, which hosts live music and movie screenings. If you're looking for something more substantial to eat, Arezzo Ristorante is the perfect choice for Tuscan-style Italian food, and head to Sweet Retreat Cupcake Boutique afterwards for delectable desserts. For some retail therapy, pop into boutiques like Witt + Bliss for home goods and gifts or Belleson's Clothier for men's suits. 50th & France, a favorite local retail district, provides another shopping experience close by.





SEWARD NEIGHBORHOOD EATS

You'll notice these local eateries always bustling, but trust us—they're worth waiting for.

George and the Dragon: Plenty of on-tap craft brews, pub fare and more.

Patisserie 46: Come for the decadent chocolate croissants and French bread; stay for the hot coffee, tea and seasonal lemonade.

Tap Society: Known for its burgers, fries, shakes and self-serve beer wall.

Colita: Modern Mexican cuisine with a focus on barbecue and smoky flavors.

Martina: Offering a refined dining experience with Argentinian-inspired plates.

Tilia: A New American restaurant created by Steven Brown, a semifinalist for "Best Chef: Midwest" by the James Beard Foundation.

St. Genevieve: French-inspired cooking with organic ingredients, hospitality and, of course, champagne.



LAKE HARRIET EXPLORE MINNESOTA TOURISM COLITA COURTESY TREVINO EAT STREET HUNT + CAPTURE WITT + BLISS AND ST. GENEVIEVE TJ TURNER



The **Longfellow** neighborhood is known for its exceptional dining experiences, filled with everything from sophisticated eateries to casual pubs. Check out Hi-Lo Diner, a hip diner that serves unique, photo-worthy dishes. There are some other interesting foodie finds like Merlin's Rest Pub, a British-inspired joint with an extensive list of whiskeys on the menu, and Midori's Floating World Café, a café serving Japanese sushi and tempura favorites. You can also rely on some American classics at Longfellow Grill and Peppers & Fries, like chicken and waffles and pulled pork sandwiches. Two local favorites, Peace Coffee and Du Nord Craft

Spirits, provide a relaxing setting to lounge with friends over a cocktail.



Seward

Stop by the **Seward** neighborhood for tightknit community vibes. You'll find the Seward Community Co-Op and its Creamery Café are perfect for a quick bite. Grab some drinks or appetizers at Birchwood Café and Café Racer Kitchen, or relax at Tracy's Saloon for a low-key bar scene with delicious burgers. The arts are a big deal in this neighborhood, too. There's the Northern Clay Center, offering clay classes for all skill levels, and the Vine Arts Center, which celebrates diversity with galleries and shows of local artists. For a Minnesota-based art collective that supports younger Somali artists, stop by the Soomaal **House of Art**, which hopes to encourage the expression of current local and global issues through art. Take a stroll across the 10-acre Matthews Park, complete with athletic fields, an ice rink and a wading pool, or test your bowling skills at Memory Lanes-a retrothemed bowling alley with a full-service bar and outdoor volleyball courts.

Linden Hills

The **Linden Hills** neighborhood is a staple for its quaintness, shopping and dining-a trio destined to deliver a good time. There are cafés galore: Turtle Bread Co. for freshly baked goods; Penny's Coffee for mouthwatering crepes; Zumbro Café, a buzzing brunch spot; and Sebastian Joe's, a popular ice cream shop. Stop by Heart of Tibet for special finds or **New Gild Jewelers** if you're in the mood to shop. For children's gifts, try Wild Rumpus, the first children's bookstore to win the Publishers Weekly Bookstore of the Year award in 2017-plus, meet the cats, chickens and other creatures that wander the store. After, relieve some stress at the many yoga and massage shops in the area, like Kula Yoga.







Centered on Hennepin Avenue,
Uptown is also well-loved for its
nightlife scene, with many rooftops
and restaurant experiences. Enjoy rooftop
patios at Stella's Fish Café & Prestige Oyster Bar, Cowboy
Slim's and Uptown Tavern & Rooftop, or sip tasty cocktails at
the Pourhouse. Before heading out for a night on the town,
grab dinner at Chino Latino for a fusion of Asian and Hispanic
dishes, Barbette for French food in a trendy atmosphere, or
Origami Sushi for authentic and traditional eats. There are also
nearby high-end stores to visit if you're feeling in the mood, like
Sephora, Urban Outfitters, Apple and more.



West Broadway

This neighborhood is one of Minneapolis' most diverse and has continued to thrive with places to explore around every corner. There are community spaces like the Freedom Square, dining options like Broadway Bar & Pizzeria, and events to attend like FLOW Northside Arts Crawl.



Cedar-Riverside

Known as Little Mogadishu by locals, **Cedar-Riverside** has a strong Somali community and is home to a mix of cultures. The neighborhood features a number of authentic East African and Indian cuisines from places such as **Dilla's Restaurant** and **Baarakallah Restaurant Somali Cuisine**. Eat up at joints like the **Hard Times Café**, an undeniably hipster and vegetarian-friendly hotspot, or **Jewel of India**, which serves traditional Indian food with big flavors. For drinks, check out **Republic** for craft beers or **Acadia** for more of the same, plus live band performances. **Mixed Blood Theatre**, featuring a multiracial theater company, and the **Cedar Cultural Center**, a nonprofit music venue for all ages, are perfect places to close out the evening.

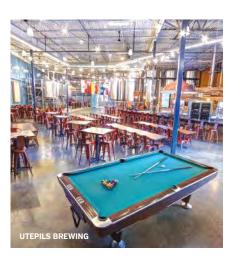


DAY TRIP ITINERARY West Broadway has a little bit of everything. Follow our itinerary to fully explore this cultural neighborhood.

Morning: Fill up on breakfast sandwiches or hot oatmeal at Sammy's Avenue Eatery, then walk next door to Cookie Cart, a work experience intended for teens. You can also skip the mid-day rush and pick up fresh, artisan goods at the West Broadway Farmers Market.

Afternoon: Slip and slide at the **North Commons Water Park**, or if aquatics aren't in the cards for you, check out **Juxtaposition Arts**, an art gallery featuring local and young artists. If you're more the outdoorsy type, explore the 740-acre **Theodore Wirth Park**.

Evening: What does the nightlife call for but a nice craft brew? One brewery in the neighborhood really tops the charts: **Utepils Brewing** has both a beer garden and massive taproom.



MIDTOWN GLOBAL MARKET



VINTAGE ENGAGEMENT

Transport back to the '80s with Bryant-Lake Bowl and Theater. Enjoy an evening of bowling, beer, specialty food and weekly performances by local theater companies, musicians and comedians. For an all-around time-warp, head to Up-Down Minneapolis, which features over 50 arcade games, including classic pinball machines and Skee-Ball alleys plus delicious pizza and more than 60 beers on tap.

Lake Street & Lyn-Lake

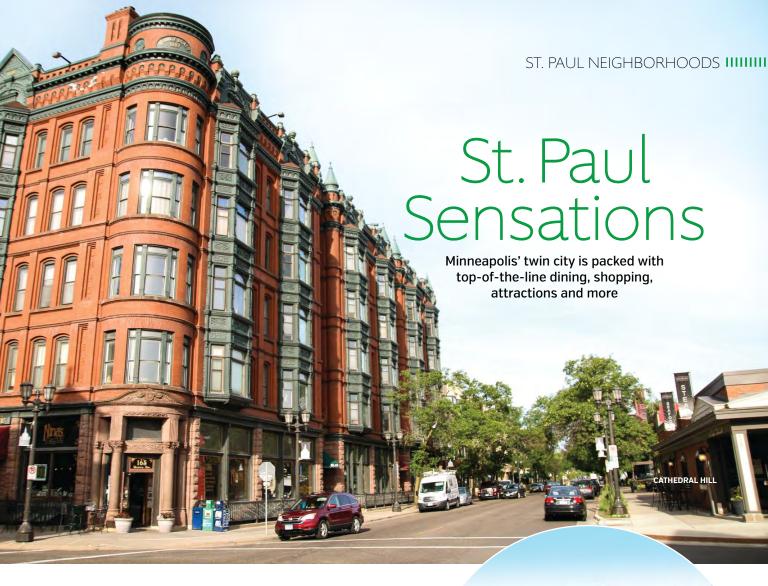
Lake Street and the energetic **Lyn-Lake** community, located in South Minneapolis, offer all sorts of activities to keep you busy, from craft beer destinations to stunning greenery and more.

The arts are on full display in this neighborhood, particularly when it comes to celebrating local creatives. You can enjoy a show at Lyn-Lake's intimate **Jungle Theater**, which supports contemporary poetic works, or shop at trendy home décor boutiques along Lake Street, like **Forage Modern Workshop**.

If you're feeling a bit more outdoorsy, take a bike ride along the Midtown Greenway, admiring the sights and fresh

air. The **Midtown Global Market** is a great stop for delectable food options from all over the world, located in the historic Midtown Exchange building. Craving some craft brews? **LynLake Brewery** and **Herkimer Pub and Brewery** are the perfect solution. If you're up for some sleuthing, visit the hidden bar **Volstead's Emporium**—just locate the door in a back alleyway. This isn't the only unique cocktail spot in the area either: **Moto-i**, the first sake brew pub outside of Japan, is located on Lyndale Avenue.







Lowertown

For sport fans, head over to CHS Field to catch a St. Paul Saints game, and maybe a glimpse of the team's partial owner Bill Murray. For the more creative crowd, artist cooperative AZ Gallery rotates through new exhibits every two months for consistently fresh content.

Everyone can appreciate the drinking and dining scene in the area, with great

options like Ox Cart Arcade & Rooftop, Handsome Hog and Black Dog Café. The Union Depot is worth a visit for its beauty alone, but the historic transportation hub can also get you wherever you're going next.



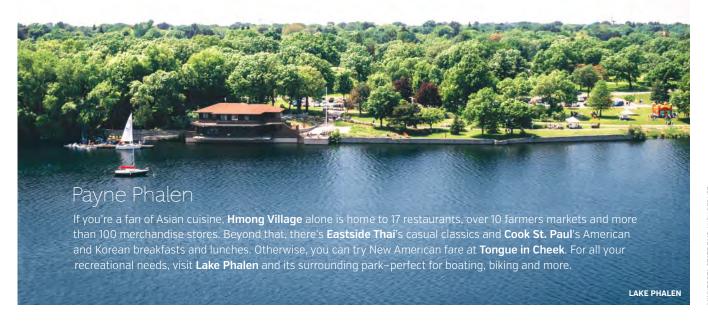


FAIRGROUND FUN Join more than 2 million Minnesotans at the state's end-of-summer celebration—the Minnesota State Fair (Aug. 27-Sept. 7). The 12-day get-together, located off Snelling Avenue in St. Paul at the Minnesota State Fairgrounds, promises food, fun and fantastic memories for all. Catch a thrill at the Mighty Midway, shop merchants and vendors, and sample more than 500 delectable dishes from 300 different food vendors—including Sweet Martha's Cookie Jar and its famous chocolate chip cookies.



West Seventh

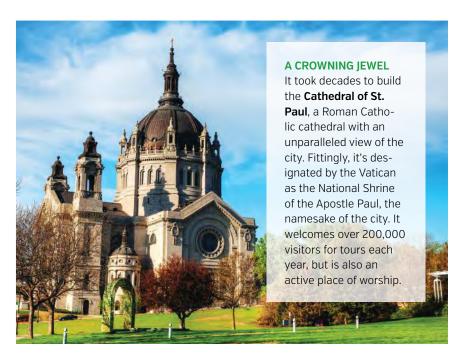
Get a taste of the many popular food options in the area. Between the steak and seafood at Mancini's Char House & Lounge and Bennett's Chop & Railhouse and the wide variety of sweet and savory options at the trendy Keg and Case Market, there's bound to be something to please your palate—like O'Cheeze for melt-in-your-mouth grilled cheese sandwiches, Bread & Boba for baked breads and bubble tea, and House of Halva for Middle Eastern desserts.





Selby Avenue

Start your day right with a cup of joe from Cahoots Coffee Bar and blueberry cornmeal pancakes from Neighborhood Café, then search for vintage wares at neighboring **Up Six** and **Lula**. Grab lunch or dinner at Augustine's Bar & Bakery or Blue Door Pub, and finish strong with a delicious, Instagrammable dessert at Rose Street Patisserie.





Cathedral Hill

Cathedral Hill is a neighborhood of historic architecture, good eats and superb shopping. Grab an espresso drink and pastry at Nina's Coffee in its historic brownstone building. Head to the jazzy Commodore Bar and Restaurant for American dishes. Revival for classic Southern comfort foods or **Red Cow** for gourmet burgers and wines. For patio dining, try W.A. Frost with its ivy-covered brick walls, an Italian meal at La Grolla or a traditional Russian one at **Moscow on the Hill**, which also serves great drinks. Shoppers looking for ontrend fashions at affordable prices need look no further than Primp Boutique and Idun, or stop by Ten Thousand Villages where your money supports makers in developing countries.

Grand & Summit

Grand Old Day is a highlight of every summer, as **Grand Avenue** is transformed into a pedestrian-packed party with vendors and booths lining the streets and live music playing in the parking lots. But any day is a good day to check out area restaurants like Grand Catch, where you can find some of the best seafood and ice cream around. There's also **Everest on Grand**, a Tibetan-Nepalese eatery; **Café Latte**, a gourmet cafeteria with a full retail bakery; and Red Rabbit, an Italian restaurant with authentic pasta dishes and more. When you're finished, cruise down Summit Avenue for a peek at historic homes and multi-million-dollar mansions.





If you spent only 10 minutes in each of the 520-plus stores at the Mall of America, it would take 86 hours to see it all, not counting the can't-miss attractions and indoor theme park. Need to refuel? Urbana Craeft Kitchen, Lela and Hazelwood are great places to grab a bite to eat in Bloomington, while Artistry has performances and galleries to offer visitors of all ages. For a day spent outside, Bloomington is home to Hyland Lake Park Reserve, Hyland Hills Ski Area, Hyland Play Area and the Minnesota Valley National Wildlife Refuge.





Robbinsdale

Travail Kitchen & Amusements' three recently renovated restaurants make this area a foodie haven: the pork-forward Pig Ate My Pizza with its new brewery, the fresh and flavorful Minnesota BBQ Co. and Travail 3.0 with its fabulous rooftop. These aren't the only names in the food and beverage game of Robbinsdale, though, because Wicked Wort Brewing Co. is worth a stop as well.



<u>Stillwater</u>

Not only is Downtown Stillwater as cute as can be, but it's nestled on the St. Croix River with a historic lift bridge and great places to eat. For American comfort foods, there's **Oasis Café**; for more contemporary New American, there's **LoLo American Kitchen** and **Marx Fusion Bistro**; and for locally inspired foods that pay homage to hunters and gatherers, there's **Feller** in Lora Hotel. Head to **Lift Bridge Brewing Co.** for brews like Farm Girl Saison and Hop Dish IPA, or sip some of the state's best wine at **St. Croix Vineyards**.



Lake Minnetonka Area

Lake Minnetonka is far from the only lake in the area, but it's definitely one to visit. For dinner on or near the water, enjoy upscale eats at **Lord Fletcher's** in Spring Park, American dishes at **Maynards** in Excelsior, and steak and seafood selections at **6Smith** in Wayzata. If you're game for a meal from award-winning chef Gavin Kaysen, venture across the street for French-inspired fare at **Bellecour**

in Wayzata. Meanwhile, highend shoppers will thrive at Minnetonka's Ridgedale Mall and Wayzata's Wayzata Village Shoppes. Polish off your day at Boom Island Brewing with

a Belgian-inspired craft beer.





HAPPENING HABITATS A trip to the Minnesota Zoo in Apple Valley includes the opportunity to see more than 553 species of animals train, feed and fly in their habitats. The zoo, with an annual attendance of nearly 1.3 million, also offers educational programs and works to promote animal conservation on a local and global level.



Eagan & Apple Valley

After your little ones spend the day splashing around **Cascade Bay**, an outdoor waterpark with plenty of slides and miniature golf, you might need a few laps around the lazy river to unwind. If you're feeling more active, **Lebanon Hills Regional Park** is the way to go, with miles of trails and plenty of lakes for year-round recreation for canoers and cross-country skiers alike.



St. Louis Park

The Shops at West End are at the heart of St. Louis Park. It's where you go to shop at stores like Anthropologie and Evereve; to eat, with restaurants like Punch Bowl Social, Rojo Mexican Grill, Crave and Raku; and to sit back and relax at the massive movie theater. ShowPlace ICON Theater.



Apple Valley









Apple Valley is home of the Minnesota Zoo and Abdallah Candies & Gifts. Make us your home away from home! Designed for families, we are central to everything:

- · Visit the Minnesota Zoo in Apple Valley
- 8 minutes from Mall of America
- 5 minutes from the NEW Twin Cities Premium Outlet Mall
- Easy access to more than 50 restaurants and shopping centers, all within a block or two of wonderful, affordable hotels
- Apple Valley was named 17th Best Place to Live (CNN Money)
- Equal distance from Minneapolis & St. Paul downtowns
- · Centrally located to most attractions
- First Bus Rapid Transit Line (BRT) in Minnesota, with train-like buses every 15 minutes to Mall of America, Twin Cities Premium Outlets, both airport terminals and Minneapolis or St. Paul

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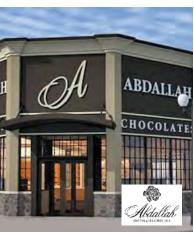
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- ★ JUST 8 MINUTES TO MALL OF AMERICA AND EVEN CLOSER TO TC PREMIUM OUTLETS!
- ★ TRANSIT EVERY 15 MINUTES NEAR ALL APPLE VALLEY HOTELS — TO OUTLETS, MALL OF AMERICA, MSP AIRPORT AND DOWNTOWN MINNEAPOLIS!
- ★ VISIT THE NEW ABDALLAH CANDIES, CHOCOLATES AND GIFT SHOPPE!
 MOTORCOACHES WELCOME!









VISITAPPLEVALLEY.COM



Bloomington

Bloomington is not just home to Mall of America and at the doorstep to Minneapolis-St. Paul International Airport—it is the "simply central" destination that attracts more than 40 million visitors each year. Besides Mall of America's 520-plus stores, 50-plus restaurants and many attractions, Bloomington holds many treasures like the Minnesota Valley National Wildlife Refuge, Hyland Hills Ski Area, Normandale Japanese Garden and signature experiences like those at restaurants vomFASS and FireLake Grill House & Cocktail Bar.

To augment your visit are plenty of free parking spots, shuttles to Mall of America and the airport, light rail access to Downtown Minneapolis and St. Paul, no tax on shoes and clothing, and more than 40 hotels within 10 minutes from the Mall and airport ranging from economy to luxury. Make sure to check out the Big Ticket for a three-day pass with up to 30 percent discounts on admission to top attractions like Nickelodeon Universe, SEA LIFE Minnesota Aquarium and the Minnesota Zoo. Visit bloomingtonmn.org to download the Bloomington and Mall of America Visitors Guide, browse hotel packages and Big Ticket options, or get advice on planning your trip.





BLOOMINGTON CONVENTION & VISITORS BUREAU

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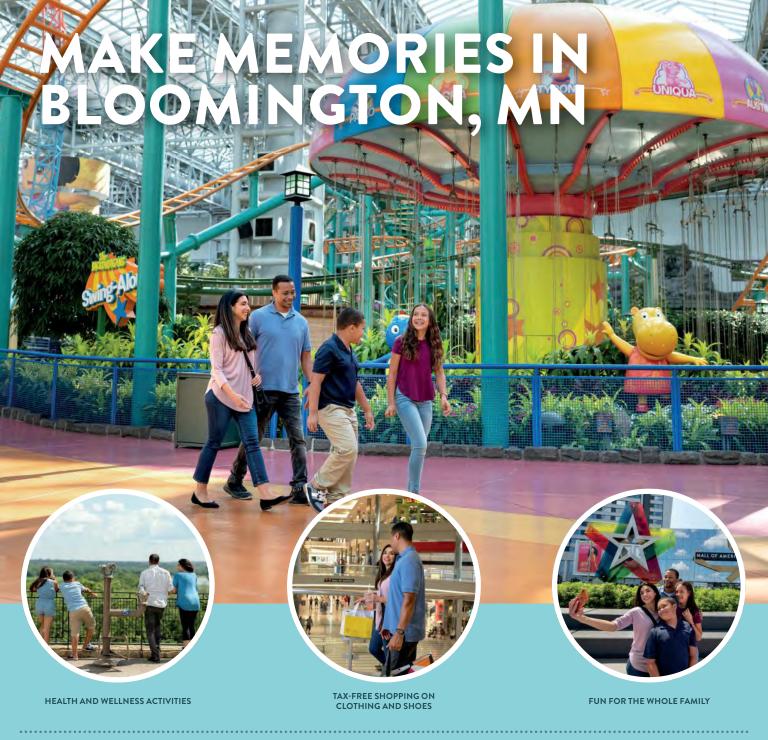
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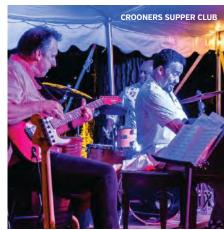




Bloomington, Minnesota, is home to Mall of America® and so much more. Explore parks and nature, arts and culture, and fun activities for all ages. Whether you have a few hours or a few days, get the most out of your time in Bloomington with our specialized itineraries.







Twin Cities Gateway

Conveniently located just minutes from Downtown Minneapolis and St. Paul with 23 lodging options, the Twin Cities Gateway is a great place to play and stay during your next getaway.

DISCOVER 6 SECRETS TO FUN IN THE TWIN CITIES

Waterparks — Your family will have fun splashing around at the area's best waterparks—from Minnesota's largest at Bunker Beach to the tropical feel of Tropics Indoor Waterpark and the Anoka Aquatic Center.

Tee It Up — With nine golf courses, including the TPC Twin Cities (home of the Producers Guild of America's 3M Open), the Twin Cities Gateway is above par and one of the best golf destinations in the Midwest.

Nature Centers — Take a hike; see wildlife amidst prairies, wetlands and forests; and get back to nature at Springbrook Nature Center, Wargo Nature Center or Blaine Wetland Sanctuary.

Breweries & Winery — Quaff a unique craft beer at one of the Gateway's five breweries and taprooms or relax and enjoy a glass of wine in the tasting room at Willow Tree Winery.

Night Life — For live music, check out Crooners Supper Club (named best jazz venue in the Twin Cities), the Music in the 'Burbs concert series at the Lyric Arts Main Street Stage and other live entertainment establishments.

Family Fun — From horseback riding and laser tag to indoor ziplines, go-karts and bumper boats, the Twin Cities Gateway has indoor and outdoor adventures for year-round family fun.



TWIN CITIES GATEWAY

tcgateway.com

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Planning a trip to Minneapolis/Saint Paul? Stay in the Gateway:







Country Inn & Suites

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Best Western Plus

1000 Gramsie Road Shoreview, MN 55126 (651) 482-0402 bestwestern.com

Hilton Garden Inn

1050 Gramsie Road Shoreview, MN 55126 (651) 415-1956 hiltongardeninn.hilton.com

Best Western Plus Blaine at the National Sports Center

10580 Baltimore St NE Blaine, MN 55449 (763) 792-0750 bestwestern.com

Asteria Inn & Suites

9410 Baltimore St. NE Blaine, MN 55449 (763) 786-8888 www.asteriablaine.com

AmericInn by Wyndham Mounds View Minneapolis

2200 Highway 10 Mounds View, MN 55112 (763) 515-9230 bit.ly/2B200aN

Quality Inn

9052 University Ave NW Coon Rapids, MN 55448 (763) 785-4746 qualityinn.com

Country Inn & Suites

155 Coon Rapids Blvd NW Coon Rapids, MN 55433 (763) 780-3797 bit.ly/11c8VPs

Days Inn by Wyndham Mounds View Twin Cities North

2149 Program Ave Mounds View, MN 55112 (763) 786-9151 daysinn.com

Homewood Suites by Hilton

1815 Old Highway 8 NW New Brighton, MN 55112 (651) 631-8002 bit.ly/2fPykPs

Hampton Inn & Suites Lino Lakes

579 Apollo Drive Lino Lakes, MN 55038 (763) 746-7999 bit.ly/2eJ4xFx

Americann by Wyndham Coon Rapids

3430 Northdale Blvd Coon Rapids, MN 55448 (763) 323-0010 bit.ly/2B200rj

Baymont by Wyndham

8965 Springbrook Drive Coon Rapids, MN 55433 (763) 515-1977 bit.ly/2DLaroe

Regency Inn & Suites

1129 HWY 10 W Anoka, MN 55303 (763) 422-8000 regencyinnmn.com

Ticknor Hill Bed & Breakfast

1625 3rd Avenue South Anoka, MN 55303 (763) 421-9687 bit.ly/2fvW9rO

Holiday Inn Express & Suites

9333 Springbook Drive Coon Rapids, MN 55433 (763) 792-9292 hiexpress.com

InTown Suites Coon Rapids

420 Coon Rapids Blvd Coon Rapids, MN 55433 (800) 553-9338 intownsuites.com

Wingate by Wyndham Coon Rapids

3420 Northdale Blvd NW Coon Rapids, MN 55448 (763) 576-0700 bit.ly/2myFYS3

AmericInn by Wyndham Ham Lake

13440 Hwy 65 NE Ham Lake, MN 55304 (612) 470-5116 bit.ly/2DBb9Uf

Budget Host Inn Fridley

6881 Hwy 65 Fridley, MN 55432 (763) 571-0420 budgethostfridley.com

LivINN Hotel Fridley

5201 Central Ave NE Fridley, MN 55421 (763) 571-9440 livinnfridley.com

WoodSpring Suites

230 57th Ave NE Fridley, MN 55432 (612) 504-6512 bit.ly/2tDRgYh

Fairfield Inn & Suites by Marriott Minneapolis North/ Blaine

10643 Baltimore St NE Blaine MN 55449 (763) 285-4766 marriott.com



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Minneapolis

Meet the biggest underestimated place in the north. A dramatic riverfront skyline, three professional sports stadiums within 1.3 miles, and so much art you're literally surrounded by it. A culture committed to perfecting the craft of the brew, the best park system in the nation, and a foodie paradise where you can get Nordic cuisine for breakfast, Ethiopian for lunch and this thing called a "Jucy Lucy" for dinner. Bring your dancing shoes and party at festivals all year round, enjoy four gorgeous seasons surrounded by 13 lakes, the Mississippi River and two waterfalls, and meet friendly locals who can't wait to show you why they love living here.

But enough about us-what do you want to do? For an entire list of things to do in Minneapolis, scan this QR code or go to minneapolis.org/150-things-to-do-in-minneapolis





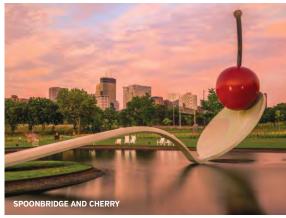




MEET MINNEAPOLIS

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St. Louis Park & Golden Valley

St. Louis Park is Minnesota's sweet spot-close to it all, but far from ordinary. St. Louis Park and Golden Valley are west metro cities located uber close to Downtown Minneapolis. In the summer, canoe at Westwood Hills Nature Center, lawn bowl at Brookview or make a splash at the Aquatic Park. Outdoor enthusiasts will also delight in the miles of hiking and biking trails. In the winter, ice skate at the ROC or cross-country ski and tube at Theodore Wirth Regional Park. Get your game on at REM5 virtual reality lab, then sip a cocktail at REVEAL Rooftop Bar. St. Louis Park is also home to two breweries, two distilleries and a winery. Plus, when you stay at one of the city's relaxing hotels, you'll be walking distance from unique shopping and dining at the Shops at West End. Sweet escapes start here!







MINNESOTA'S SWEET SPOT

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CLOSE TO MINNEAPOLIS.





FAR FROM ORDINARY.

EXCELSIOR AND GRAND







Uber-close to Minneapolis attractions. A stone's throw from hiking and biking trails. Walking distance to restaurants and shopping.



MINNESOTA'S SWEET SPOTSM

www.DiscoverStLouisPark.com/travel

Eagan

Eagan is your ultimate destination for fantastic football, fashion, food and fun. As the proud home of the Minnesota Vikings, Eagan invites you to immerse yourself in the Viking Lakes experience which includes the Verizon Vikings Training Camp and Vikings Museum. Eagan also features a fantastic array of "shopportunities" including Central Park Commons and Twin Cities Premium Outlets®—the largest outlet mall in the Upper Midwest featuring more than 100 upscale stores. Explore Lebanon Hills Regional Park and Caponi Art Park, hit the links at Lost Spur Golf Course, and splash around at one of the largest waterparks in the Midwest at Cascade Bay. When it's time to refuel and relax, Eagan boasts over 100 spectacular restaurants and 19 incredible hotels with most providing shuttle service to nearby Mall of America® and Minneapolis-St. Paul International Airport.





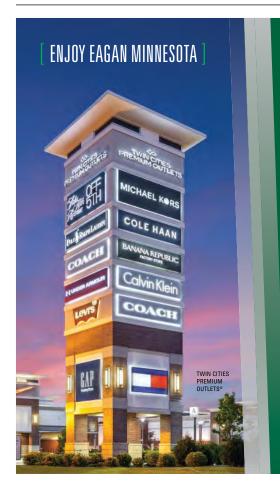




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Hudson, Wisconsin

Just a short drive from the Twin Cities metro, historic Hudson, Wisconsin, offers attractions, activities and accommodations for everyone. Nature lovers can enjoy 3,000 acres of walking trails, prairie, forest, waterfalls and recreation-all found at Willow River State Park. Take a sunset cruise on the scenic St. Croix River or uncover history during a self-guided historic walking tour and find the iconic Hudson Arch in the downtown district. Take in the views of this beautiful river town; see a show at Phipps Center for the Arts; explore the diverse selection of unique dining and boutique shopping; and enjoy a variety of cocktails, wines and brews. Finish your adventure-filled day with a comfortable stay at one of Hudson's many hotels and lodging options, including the Phipps Inn Bed & Breakfast located just blocks from downtown.







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Outstanding Restaurants, Boutique Shopping, Wine & Brews, Walking Trails & Bike Paths, Boating on the St. Croix River, Willow River State Park, Historic Downtown District, Comfortable Lodging, Outdoor Activity & Endless Adventure



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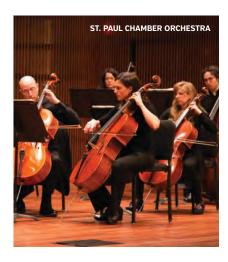










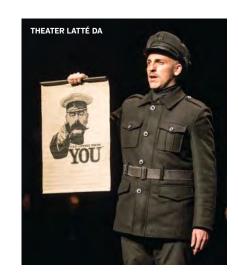


TO ANYONE WHO HAS EVER VISITED MINNESOTA, it's no secret

that art and culture hold a crucial role here, blending seamlessly into the daily lives of all city dwellers. With countless opportunities to experience theater, dance, the visual arts, immersive exhibits and more, you'll surely find something that speaks to your passions and interests—whether that's a Broadway tour, an A-list concert or a dose of local history.

THEATER

The **Guthrie Theater** is known for its beautiful architecture, perfect views of the Mississippi River, and most importantly, its high caliber productions across three stages. Meanwhile, **Children's Theatre Co.**





(rated No. 1 in the nation by Time magazine) holds a year-round season that features both world premieres and beloved tales that people of all ages can enjoy. Minneapolis also brings incredible touring Broadway productions to Minnesota stages with the **Orpheum**, **State** and **Pantages** theaters—collectively known as the Hennepin Theatre Trust. For a variety of performances and events, consider crossing the river to visit the **Ordway Center for the Performing Arts** in St. Paul as well.

marks of the scene. Between Minneapolis and the surrounding metro, there are more than 30 venues and theater companies that put on standing ovation-worthy shows, including:

Capri Theater
Chanhassen Dinner Theatres
Dark & Stormy Productions
Fitzgerald Theater
History Theatre
Jungle Theater

Mixed Blood Theatre
Park Square Theatre
Penumbra Theatre
Southern Theater
Theatre Coup d'Etat
Theatre In the Round Players
Theater Latté Da
Theater Mu
The Lab Theater





MUSIC

There's nothing quite like live music, and what's better than experiencing the Minnesota Orchestra at its very own Orchestra Hall? Between the Rachmaninoff, Mozart and Gershwin, the orchestra also hosts movies with live soundtracks or collaborates with entertainers like Dessa. Across the river, you can catch a concert by the St. Paul Chamber Orchestra, and if you're interested in adding vocals to the mix, the Minnesota Opera mixes up its season with spectacular classics and ground-breaking new works.



LARGER THAN LIFE Get your cameras ready as you explore the equally brilliant and colorful street art throughout Minneapolis. Be sure to head toward Hennepin Avenue in Downtown Minneapolis, where many of these murals are impossible to miss, like the "The Times They Are A-Changin'" piece at Fifth Street and Hennepin and the Prince portrait at 26th Street and Hennepin. Just a short 10-minute drive away, North Minneapolis is also saturated with beautiful

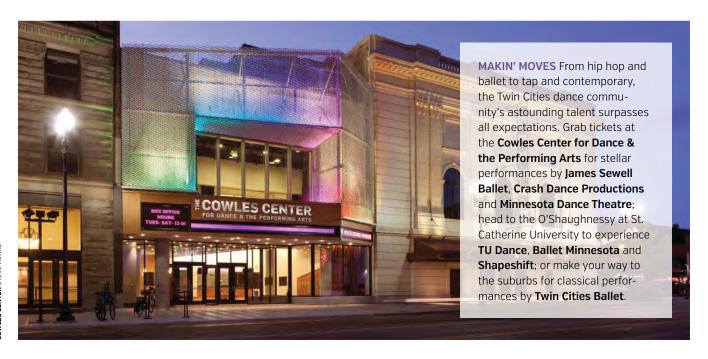


MUSEUMS & MORE

Art lovers can take a trip across the globe with a visit to the Somali Museum of Minnesota (home to traditional Somali art and culture) or to The Museum of Russian Art, which features multiple exhibits and interpretive signage so you can really see how the art reflects the cultural mindset at the time. The Minneapolis Institute of Art, known as Mia by locals, offers free general admission and 90,000 artifacts, sculptures, paintings and more that date back 5,000 years from some of the world's most creative minds. Just 10 minutes away

sits the Walker Art Center and its traveling and permanent modern art collections, and then you can hop over to the University of Minnesota's Twin Cities campus to bask in the stunning architecture and art at the Weisman Art Museum. Looking for a little more history? Check out Mill City Museum, which promises a look into the past of Minnesota's milling industry, or even the Bakken Museum, which tells the story of electricity, electromagnetism and more.

Head over to St. Paul to experience a mix of discovery, history and music. Those looking to dive into the world of science should make sure to visit the familyfriendly Science Museum of Minnesota where you'll find interactive science- and archaeology-based exhibits or the Bell Museum, which opened in 2018, and its planetarium and life-size woolly mammoth. The Minnesota Children's Museum, with hands-on exhibits geared toward your little ones, has tons to explore. Don't forget to visit the Minnesota History Center, where the stories and histories of all Minnesotans come vividly to life, or the musical Schubert Club Museum and comprehensive Minnesota Museum of American Art.



Guthrie Theater

WHO WE ARE The Guthrie Theater is an American center for theater performance, production, education and professional training, dedicated to producing the great works of dramatic literature and cultivating the next generation of theater artists.



The Guthrie produces a mix of classic and contemporary plays on three stages and continues to set a national standard for excellence in theatrical production and performance. In 2006, the Guthrie opened a new home, designed by Pritzker Prize-winning architect Jean Nouvel, located on the banks of the Mississippi River. Open to the public year round, it houses three state-ofthe-art stages, production facilities, classrooms, full-service restaurants and public lobbies with dramatic views of the river and the city skyline. To learn more about what's happening on stage and off, call the Guthrie Box Office at 612-377-2224 or visit guthrietheater.org.





818 S Second St., Minneapolis, 55415 612-377-2224 • quthrietheater.org



Top Five Reasons to Visit the Guthrie

612.377.2224 / guthrietheater.org / 818 South 2nd Street, Minneapolis



See world-class theater



Walk the iconic Endless Bridge

Go on a behindthe-scenes tour

AL DURANTS



Take in stunning views of the Mississippi River

Snap a selfie in our sky-high Amber Box



Chanhassen Dinner Theatres

WHO WE ARE Chanhassen Dinner Theatres (CDT) has been entertaining audiences for over 50 years, entertaining nearly 13 million guests and self-produced 248 theatrical productions on its many stages. Whether it's just a fun night out or you're celebrating a special occasion, CDT is considered a favorite one-stop dining and entertainment destination for audiences of all ages.

A CAN'T MISS MUSICAL Don't miss "Mamma Mia!" (through Feb. 22), the world's favorite feel-good musical that includes 22 of ABBA's greatest hits. "Mamma Mia!" is about a daughter's dream, a mother's secret and a trip down the aisle you'll never forget. Be prepared to have the time of your life!

COMING SOON From Feb. 28-Sept. 5, CDT brings audiences the all-American musical favorite, Meredith Willson's "The Music Man." Aside from the stage musicals, enjoy CDT's Concert Series, Stevie Ray's Comedy Cabaret or Brindisi's Pub. CDT also offers distinctive, elegant wedding ceremonies and receptions for up to 300 guests in recently updated banquet spaces. CDT also features special events including the JazzMN Orchestra, Kickin' It Irish and The Gospel According to St. Mark.

Reservations suggested for all programming. Special group pricing for 12 or more.

> 501 W 78th St., Chanhassen, 55317 952-934-1525 • chanhassendt.com



MAMMA MIA! CAST MEMBERS: L-R MICHELLE BARBER, KERSTEN RODAU. THERESE WALTH



In January 2020, the museum began a six-month renovation in its lower-level wing. Construction will provide new interactive exhibits, modernized spaces, a dramatic new entrance and more.

3537 Zenith Ave. S, Minneapolis 612-926-3878 • thebakken.org









CONCERTS

Since 1970, First Avenue has served as Minneapolis' epicenter of live music and entertainment. Made legendary by Minneapolis-native Prince's "Purple Rain," the venue continues to be loved by local

artists and internationally acclaimed musicians alike. As one of the longest-running, independently owned and operated clubs in the U.S., First Avenue is everything that live music should be, promising an up-close and personal experience to its audiences.

HUGE IMPROV THEATER

COMEDY From improv to stand-up, these comedy houses have everything you need to laugh your night away:

Acme Comedy Co. **Blackout Improv Brave New Workshop Comedy Corner Underground HUGE Improv Theater** Rick Bronson's House of Comedy With two performance spaces under one roof (The Mainroom and 7th St. Entry) and nearly 500 concerts hosted annually, music lovers are bound to find something they can groove to.

The **Armory**, another historical hotspot from Minnesota's past, was revamped in 2017 after years of disuse. Today, the venerated venue hosts concerts, trade shows, sporting events and more. The Cedar Cultural Center, a popular hub for international and local artists, brings together creators of all styles, while Fine Line Music Café remains a hot venue for live music in downtown's North Loop. (Fillmore Minneapolis, a brand new live music venue, is also making its way to the North Loop neighborhood in February 2020.) In South Minneapolis, Icehouse has two floors of food, drink and live entertainment, hosting Monday Night Jazz and an eclectic variety of artists, entertainers, poets and more.

DANCING DESTINATIONS

These bars and night clubs have everything you need for a hopping happy hour or evening of rockin' out on the dance floor.

331 Club: Live music, a cozy atmosphere and reasonably priced drinks give this intimate club its flair.

Alibi at the Exchange: Hit up this hip nightclub for an ultimate night out, featuring a large dance floor and swanky cocktail lounge.

Bunker's Music Bar & Grill: This casual venue celebrates its rock, blues and R&B roots with live music every night.

Conga Latin Bistro: This lively Spanish-Latin restaurant and dance venue offers both zesty salsa and spicy salsa dancing.

El Nuevo Rodeo: The hottest place for Latin music and dancing in Minneapolis, occasionally hosting famous Latinx artists.

Gay 90s: For a vibrant evening, party at this sprawling LGBTQ+ nightclub where all are welcome.

Hexagon Bar: This long-time favorite watering hole often hosts musical performances and events.

Honey: This dark, candle-lit lounge feels like an underground, New York City-style club, complete with eclectic food and drink menus and live music.

Lush: Home of Minneapolis' best drag shows (and drag brunches), this fun-loving and inclusive nightclub has something for everyone.

Part Wolf (formerly Nomad World Pub): Smack dab in the center of the energetic Cedar-Riverside neighborhood, this pub has local live music, art, craft beer, sports and a dog-friendly patio.

Saloon: This club offers the best of Twin Cities' nightlife with bumpin' dance floors, live entertainment and an excellent bar.

Skyway Theatre: This popular venue is the place to go to see a variety of artists, from electronic/dance to hip-hop, rock and more.

The Warming House: A self-proclaimed "listening room," this Minneapolis spot is ideal for bluegrass and acoustic performances.



GAMERTAINMENT

For a daytime adventure or nostalgic night out, pop into St. Paul's Ox Cart Arcade, where you can play classic pinball games and Pac-Man while snacking on high quality comfort food. Just outside of Minneapolis, check out Brooklyn Park's **Topgolf**, a high-tech sports complex that has reinvented the game of golf. REM5, St. Louis Park's premier virtual reality lab, brings the ultimate VR experience to its community, and even offers snacks and beverages while you play. With private karaoke, bowling, a vintage arcade, live music, table games and good eats, Punch Bowl Social has everything you could need for a fun brunch date or memorable night out.

Just a short hop across the Minnesota River, every day is a party at Prior Lake's Mystic Lake Casino Hotel, with an abundance of table games and slot machines, drinks, dining, and live performances, while in nearby Shakopee, Canterbury Park hosts live horse racing, special events and concerts. If you're headed in a different direction, check out Running Aces Casino, **Hotel and Racetrack** for more live racing, games and 24/7 entertainment.





IN THE HEART OF DOWNTOWN

MINNEAPOLIS, check out the 12-block strip of the renovated Nicollet—downtown's shopping and dining district. To experience the very best of the area, stop by Saks Off Fifth or men's clothing store Hubert White. More local boutiques fill the popular North Loop neighborhood, including Corazon and Key North Boutique, which are packed with women's global fashions, jewelry and sustainable body care lines. Men's clothing and goods store Bonobos, women's boutiques Queen Anna House of Fashion and Proper Minneapolis, and home décor store Isles Studio LLC are also promising nearby destinations.





MINNESOTA MADE

Burlap & Brass: Searching for hand-picked and eclectic? Look no further. This family-owned and -operated shop offers a variety of Minnesota-themed accessories and gift items appropriate for the entire family-including your furry friends.

Cliché Minneapolis: This women's boutique is a mix of brand names and local designers with an ever-rotating collection of both simple and intricate pieces that are ideal for any time, place or occasion.

Fourpost: Head to this mini marketplace at Mall of America, where dozens of local breakout brands are available to shop in one place. Items range from clothing and jewelry to crafts, books and backpacks.

Minnesota Makers: Decked out with handcrafted works from more than 100 Minnesota artists, this downtown destination is a great place to discover and support local makers. If you're at the Robbinsdale location, create your own macramé wall hanging or wrap bracelet at one of its weekly classes.

ZiZi Boutique: This fashion boutique has modest yet trendy apparel like maxi skirts, evening dresses and hijabs, created by the shop's owner and local designers.

For more shops that highlight the area's talented local makers, check out Farmer's Daughter, I Like You, Love From MN and Rose & Loon.

Weekend plans might bring you outside the city lines of Minneapolis, and if they do, head west to the Shops at West End in St. Louis Park or the Shoppes at Arbor Lakes in Maple Grove, which are both filled with the latest fashions and upscale brands. If you're heading toward St. Paul, shop the 25 blocks of Grand Avenue, where you'll find stores like Fjällräven and Lululemon Athletica. Other great places to get your shop on include the Galleria, Southdale Mall and 50th & France, all in Edina; Ridgedale Center in Minnetonka; Riverdale Village

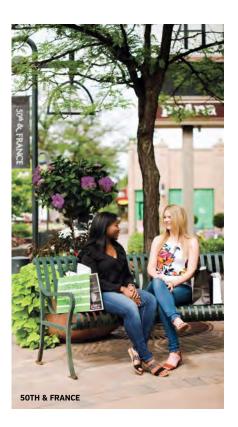
and Northtown Mall in the northwest suburbs of Coon Rapids and Blaine, respectively; Rosedale Center in Roseville; and Maplewood Mall in Maplewood.

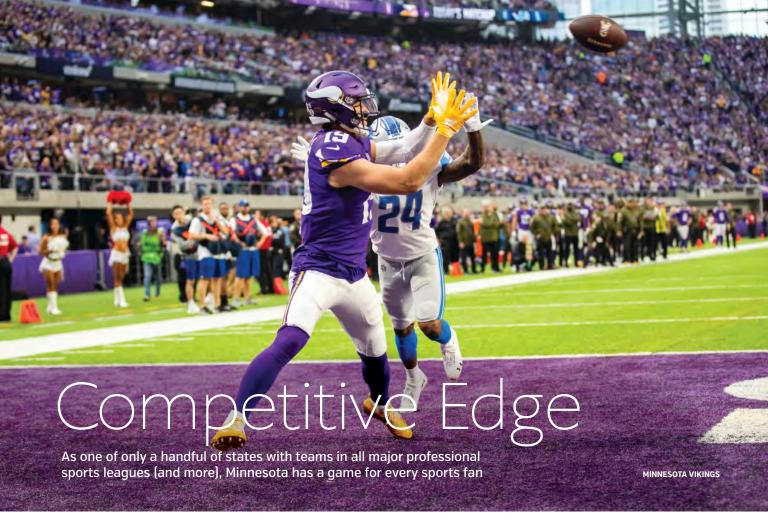
Less than 25 minutes south of Downtown Minneapolis is Mall of America, the largest retail and entertainment center on the continent. Take a look around and explore the four levels of fun with 50-plus dining options and 520-plus stores, including international names such as Burberry and local businesses such as Worker B, which specializes in all-natural, hive-derived body products.



KARMEL MALL

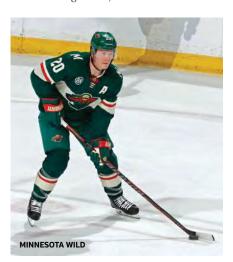
Visit this lively mall near Lake Street for a taste of Minneapolis' abundant Somali culture. The mall is filled with beautiful clothing, henna artists, murals depicting Somali life and all types of foods, including pickled mangoes, chai tea and delectable rice dishes.





MINNESOTA VIKINGS

Listen as the sound of the Gjallarhorn summons the horde of purple and gold faithful to the 66,200-seat stadium. Staying true to their team name, some fans can be found donning armor and helmets with horns, ready to help the Vikings pillage the visiting team's defense. And when the Vikings aren't battling it out on the gridiron, U.S. Bank Stadium's



137,000 square feet of stadium floor, six club spaces and exceptional amenities play host to concerts, conventions, community events and more, all under the largest transparent ethylene-tetrafluoroethylene roof in the nation.

LYNX AND TIMBERWOLVES

The claws and teeth are always on full display when the Minnesota Lynx and Timberwolves take the court at Target Center. Join perennial all-star Maya Moore and the rest of the Lynx as they try to chase down yet another trophy—they've won four WNBA championships in the past nine seasons. Or bring out your inner wolf and join the chorus of howls as you cheer on Karl-Anthony Towns and the rest of the Timberwolves. As new head coach Ryan Saunders leads a pack of championshiphungry Wolves, expect plenty of dunks and buzzer-beater excitement.

MINNESOTA TWINS

Located in the heart of Downtown Minneapolis, Target Field makes it simple for visitors and locals alike to gather after a busy day of work or touring the town to cheer on the Minnesota Twins as they slug their way to another win. Lauded as the No. 1 baseball stadium experience in North America by ESPN, the fun doesn't stop at what's happening on the field. Instead of peanuts and Cracker Jacks, fans can sample local cuisine at a menagerie of food vendors (think award-winning burgers from Red Cow and a mountain of nachos served up in a Twins helmet). When we can't root for the Twins at home, Target Field is also used as a popular outdoor concert venue. After all, there's nothing quite like singing along with your favorite artists on a warm summer night with the Minneapolis skyline as an accompanying backdrop.

ST. PAUL SAINTS

For a more family-focused ball game, head into the capital city to watch the St. Paul Saints at CHS Field. This minor league team knows how to knock your experience out of the park—and it should, as legendary comedian Bill Murray is a part owner of the team. Between themed promotion nights

and in-game shenanigans with the Saints' pot-bellied mascot Mudonna, a good time is guaranteed at these family- (and sometimes dog) friendly games.

MINNESOTA WILD

In the Land of 10,000 Lakes (Minnesota actually has 11,842 bodies of water that are 10-plus acres in size, but who's counting), there are plenty of opportunities to lace up the skates, grab a stick and drop the puck on frozen waters. No stage is bigger than the sheet of ice found in the Xcel Energy Center in St. Paul, home of the Minnesota Wild. During the season, Zach Parise, Ryan Suter and the rest of the team take to the ice to defend the honor of the State of Hockey. Watch them battle across the carved-up ice in an effort to hoist the coveted Stanley Cup trophy. When the Wild aren't putting on a show for hockey fans across the state, the Xcel Energy Center is home to concerts, state high school tournaments and more.



MINNESOTA UNITED FC The newest member of the Minnesota sports family, the Minnesota United FC-fondly called the Loons-opened its new stadium in 2019. Come watch a game at Allianz Field in St. Paul's Midway neighborhood and get into the spirit of the sport as you see the giant flags waving in the stands and hear the fans cheering. We guarantee you'll have at least one of their songs in your head before the game is over, whether it is "Vamos United" or, if the Loons win, "Wonderwall" by Oasis.



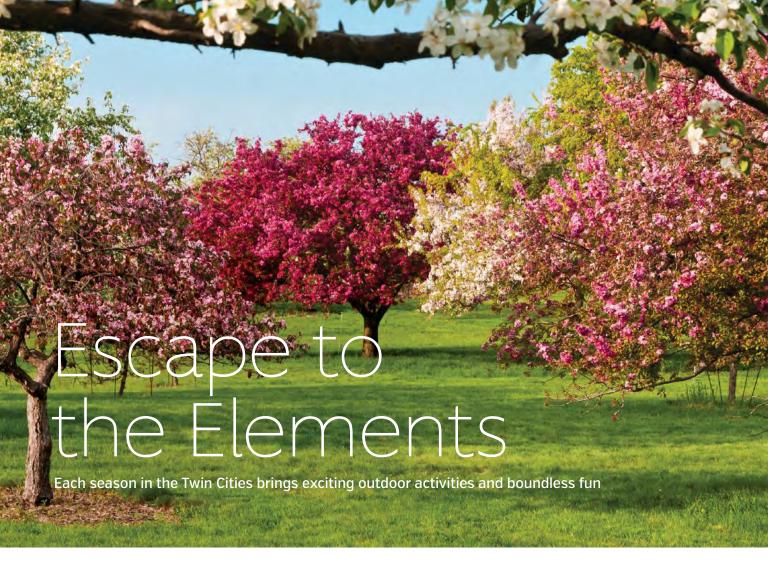
MAJOR SPORTING EVENTS

St. Paul are perfectly primed to host major sporting events. The **X Games** had back for more. They're slotted to return this summer, so get ready for the biggest

pete in the World Cup Sprint Finals at Theodore Wirth Park, part of the Coop FIS Stadium and watch the **NCAA Division I Wrestling Championships** on March 19-21. Come July, there will be even more athletic prowess to admire at the U.S. Junior Amateur Championship held at Hazeltine National Golf Club in Chaska.

to get enough of the game. Target Center will host the NCAA Men's Basketball Regional in 2021 and, back for the first time since 1995, the NCAA Women's Final Four in 2022. And this isn't just any tournament. 2022 marks the 50th





FROM THE PLAYFUL SUNSHINE

OF SUMMER to the white shimmer of winter, Minnesota is thrilling in every season and buzzes with outdoor activity year round.

WINTER

Famous for its frosty winters, Minnesota is more like a winter wonderland when the first snowfall of the year covers the state in a blanket of white. In fact, Minneapolis' award-winning park system and thousands of lakes allow for everyone to experience winter at its very best. From Columbia Park's designated sledding area and Windom Northeast Park's skating rink to Cedar Lake's ice fishing opportunities and Lake Nokomis' pond hockey spot, the city's winter recreation tops the charts.

If you're not in the area, bundle up, embrace the cold, and head south to **Buck Hill Ski & Snowboard Area** in Burnsville or **Hyland Hills Ski Area** in Bloomington. Build your skills with slopes varying in difficulty or take on the wind chill while tubing down curated hills at Buck Hill. At Hyland, expert

snowmaking and trail grooming make for a day of family fun with flat trails for cross-country skiing and snowshoeing as well as hills and a terrain park for alpine skiing and snowboarding.

SPRING & SUMMER

After months of winter recreation and fun, spring is welcomed with spirit in Minnesota. The Twin Cities provides a plethora of

opportunities to explore the newly awakening great outdoors.

For picturesque scenery, recreation and historic sites, the **Grand Rounds National Scenic Byway** is the perfect choice and can be experienced by foot, car or bike. Take in views of Lake Minnetonka on the **Dakota Rail Regional Trail**, or bike through St. Paul and Maplewood on the **Gateway State Trail** for more of the same. **Minnehaha Regional**



RACE TO THE FINISH LINE

For the winter lake experience, attend or participate in the City of Lakes Loppet Winter Festival on Jan. 31-Feb. 3, where hundreds of cross-country skiers will compete on trails around the Chain of Lakes and Theodore Wirth Regional Park—the largest park in the Minneapolis park system.



Festival, Aquatennial and Music in Mears. If you want that festive atmosphere but more of the adrenaline rush, visit Valleyfair in Shakopee for a top-notch roller coaster experience. For more child-friendly rides and games, Como Town at Como Zoo Park & Conservatory is a great, free option, as well.

The ultimate summer experience can be found at the Minnesota State Fair. The Great Minnesota Get-Together features nearly 500 food vendors, more than 900 shows and over 100 acts-bringing together more than 2 million people across 12 days.

FALL

With brisk winds, cool temperatures and beautiful foliage, a Minnesota fall brings a sense of cozy adventure to all who venture outdoors. It's the Goldilocks season, some might say, with weather that's just right.

To view fall foliage reflecting off the Mississippi River, you can walk down East River Parkway in Minneapolis' Prospect Park or the St. Anthony Falls Heritage

Trail by St. Anthony Main. For a close-up experience of river life, Wilderness Inquiry puts you in a canoe on the St. Croix and Mississippi rivers.

See more brilliant fall colors by stepping away from the water and hiking the trails at the Minnesota Valley National Wildlife Refuge and Hyland Lake Park Reserve in Bloomington. You can also immerse yourself in 1,200 acres of natural beauty at the Minnesota Landscape Arboretum in Chaska-complete with manicured gardens, wooded areas and miles of trails.

For another quintessential fall activity, head to an apple orchard. Famous for inventing some of the most innovative species of apples (ever heard of the Honeycrisp?), Minnesota is the perfect place to do a bit of apple picking. Perfect for pie, cider and just eating, you can harvest all the fruit you need at Aamodt's Apple Orchard in Stillwater, Minnetonka Orchards and Pine Tree Apple Orchard in White Bear Lake.

Park is a summertime must-see, featuring a 53-foot waterfall and oodles of winding trails, all full of potential for outdoor activities.

To truly experience Minnesota's lakes, the Chain of Lakes is essential. Consisting of Brownie Lake, Cedar Lake, Lake of the Isles, Bde Maka Ska and Lake Harriet, there's no shortage of things to do. With miles of paved trails and large swathes of park land, you can swim, canoe, bike, picnic or play any variety of sport at this Minneapolis gem. Soak up even more summer sun on the beach at Fort Snelling State Park, where you'll discover additional swimming and canoeing opportunities. If you'd prefer to stay a bit drier, hike the park's 18 miles worth of trails where you just might spot a white-tailed deer, fox or turkey. With luscious forests, Snelling Lake and the converging Mississippi and Minnesota rivers, you'll see what makes a Minnesota summer so special.

For art and culture, spend the day at some of the metro's most anticipated outdoor festivals, the Stone Arch Bridge

ON THE WATER When you come to the Land of 10,000 Lakes and the home of the Mississippi River's headwaters, it's necessary to get out on the water and experience the splendor of Minnesota's lake and river life for yourself. With the Minnesota Adventure Co., you can explore the Mississippi River, Minnehaha Creek and Lake Hiawatha by kayak with your friends and family. You could also use Paddle Share to rent kayaks and take on Boom Island, Hidden Falls Regional Park, Harriet Island Regional Park, Pickerel Lake and more. If you'd rather relax on your way down the river, try a boat tour. The area offers an assortment of on-the-water tours, including brunch or dinner with Al and Alma's Charter Cruises on Lake Minnetonka and sightseeing cruises on the Minneapolis Queen Paddleboat, a replica of the historic riverboats that used to swarm the Mississippi River.



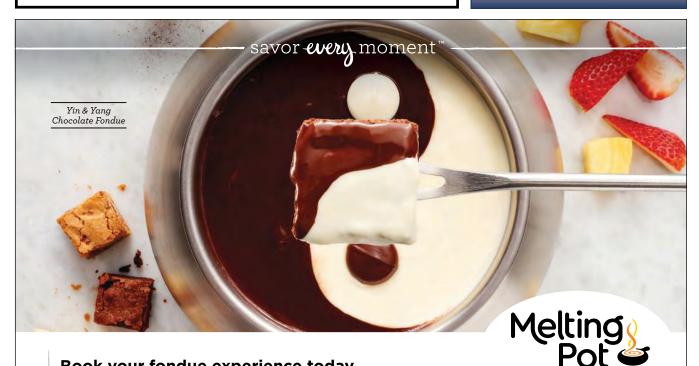


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80 S 9th St, Minneapolis, MN 55402

MELTINGPOT.COM

*The Melting Pot locations are locally owned and operated. All menu items are priced and portioned per person. Tax and gratuity not included.



Travel Tools

The Twin Cities have everything you need to get to where you need to go. We have the inexpensive reliability of public transportation, the flexibility of on-demand taxi services and the freedom of automobile renting—all you have to do is choose your destination.

Getting Here

BY AIR



Minneapolis-St. Paul International Airport

In 2019, the Airport Council International ranked MSP International Airport the No. 1 airport in North America for its size category for the third consecutive year, but our hub has also been lauded across the board for its shopping, dining, cleanliness, customer service and more. Terminal 1-Lindbergh, 4300 Glumack Drive, St. Paul; Terminal 2-Humphrey, 7150 Humphrey Drive, Minneapolis, 612-726-5555, mspairport.com

BY RAIL

Amtrak

Avoid airport waits or driving responsibilities by taking the Amtrak Empire Builder, which stretches all the way from Seattle to Chicago, hitting Downtown St. Paul right in the middle of its route. Superliner bedroom suites, accessible sleeping arrangements, dining and bicycle storage are all available, dispelling any bad memories of cramped family car trips. Union Depot, 240 Kellogg Blvd. E, St. Paul, 800-872-7245, amtrak.com

Northstar Commuter Rail

The Northstar is part of the Twin Cities' nationally awarded transportation system, and with comfortable seating, a smooth ride and a punctual, daily schedule, the trip between Downtown Minneapolis and the northwest suburbs is a breeze. metrotransit.org/northstar

BY BUS

The **Greyhound** and **Megabus** both have stops in the Twin Cities and can take you to or from cities from all corners of the country. Greyhound: Minneapolis, 612-371-3325; St. Paul, 651-222-0507, greyhound.com Megabus: Minneapolis and St. Paul stops, 877-462-6342, us.megabus.com

Upon Arrival

MetroTransit

The American Public Transportation Association awarded the 2016 Transit System of the Year to the Twin Cities' Metro Transit system, and our buses make up the core of the system. Their routes weave in and out of the Twin Cities, connecting the busy downtown blocks to the surrounding suburbs. 612-373-3333, metrotransit.org

Metro Light Rail

The Metro Blue and Green lines have light rail tracks that spread across Minneapolis and St. Paul, going through both downtowns and reaching both MSP International Airport and Mall of America. With easy to read maps and to-the-minute updated light rail schedules on each platform, no adventure is off limits. For instance, a trip from Target Field can reach its southern-most station at Mall of America in about 40 minutes. 612-373-3333, metrotransit.org

RENTAL BIKES AND SCOOTERS

The rental bike service, **Nice Ride**, populates Minneapolis with its 3,000-plus green bikes are easy to spot at more than 400 rental stations. For quick trips or daylong explorations, borrow the bikes 24/7, April to November. 877-551-6423, niceridemn.org

CARS, TAXIS AND SHARED RIDES

In MSP International Airport alone, you'll find nine different car rental services and a lineup of taxis at your beck and call. All three services are available throughout the Twin Cities, as are other services such as the on-demand Uber and Lyft. Blue & White Taxi: 612-333-3333, blueandwhitetaxi.com Uber: uber.com; Lyft: Lyft.com

Minnesota

The Spirit of Minnesota

Get the inside scoop on all that's happening around Minneapolis, St. Paul and the surrounding suburbs with Minnesota Monthly magazine. Event previews, new restaurants, seasonal bucket lists and more will make sure it's a trip for the books.

MinnesotaMonthly.com



Before you travel, be sure to visit: Meet Minneapolis

Meet Minneapolis minneapolis.org



Visit Saint Paul visitsaintpaul.com





A PRODUCTIVE STAY NEVER FELT SO RELAXING

FACILITIES & SERVICES

Complimentary Hot Breakfast Buffet 24-Hour On-Site Market Business Center · Fitness Center On-Site Laundry

SUITE AMENITIES

Spacious Suites · Free Wi-Fi Fully Equipped Kitchens Complimentary Paul Mitchell Products

ATTRACTIONS

Target Field · Target Center
US Bank Stadium
Walker Art Center
Hennepin Theatre District
Guthrie Theater

ACCESSIBILITY

12 Miles NW from MSP 3 Blocks from the Light Rail Skyway Access 1 Block from Nicollet Mall

Residence IN

Minneapolis Downtown/City Center

45 South 8th Street, Minneapolis, MN 55426 612.677.1000 Marriott.com/MSPRI



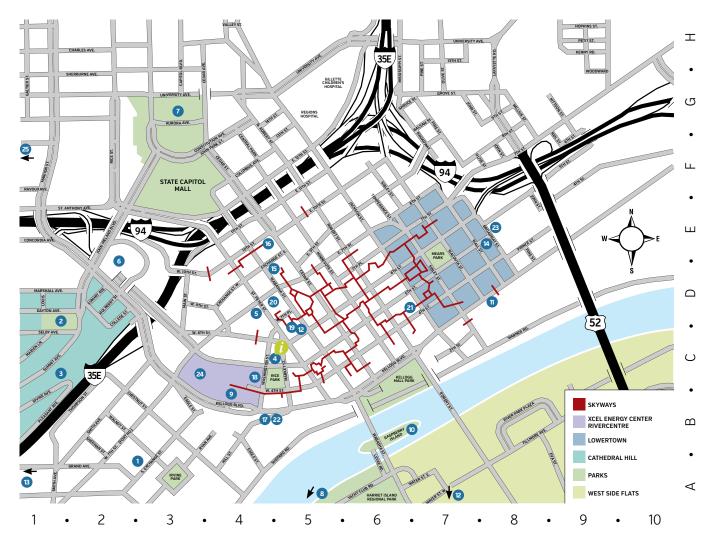
Downtown Minneapolis

Dakota Jazz Club & RestaurantC5 First Avenue E4 Mayo Clinic Square E5 Minneapolis Convention Center A5 Paradise Charter Cruises and Minneapolis Queen E10 Our Lady of Lourdes Catcholic Church Segway Magical History TourH10 Segway Magical History TourH10 Segway Magical History TourH10 Segway Magical History TourH10 The Commons D8 W Minneapolis Sculpture CardenB1 Sone Arch Bridge E10 The Commons D8 W Minneapolis - The FoshayD6 W Minneapolis Visitor CenterE10 Northrop Auditorium G10 Orchestra Hall G10 Westman Art Museum G10 Traget Center	ATTRACTIONS • Basilica of St. Mary	SHOPPING Gaviidae Common	Orpheum Theatre
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Downtown St. Paul

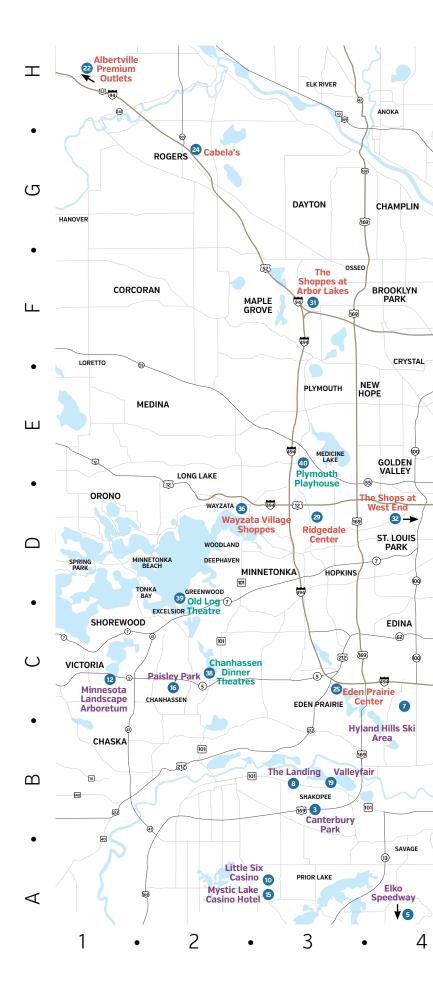
SHOPPING
3 Grand AvenueA1
St. Paul Farmers Market E8
THEATERS
5 Fitzgerald TheaterD4
15 History Theatre E4
OmnitheaterB4
Ordway Center for
the Performing ArtsC4
Park Square Theatre

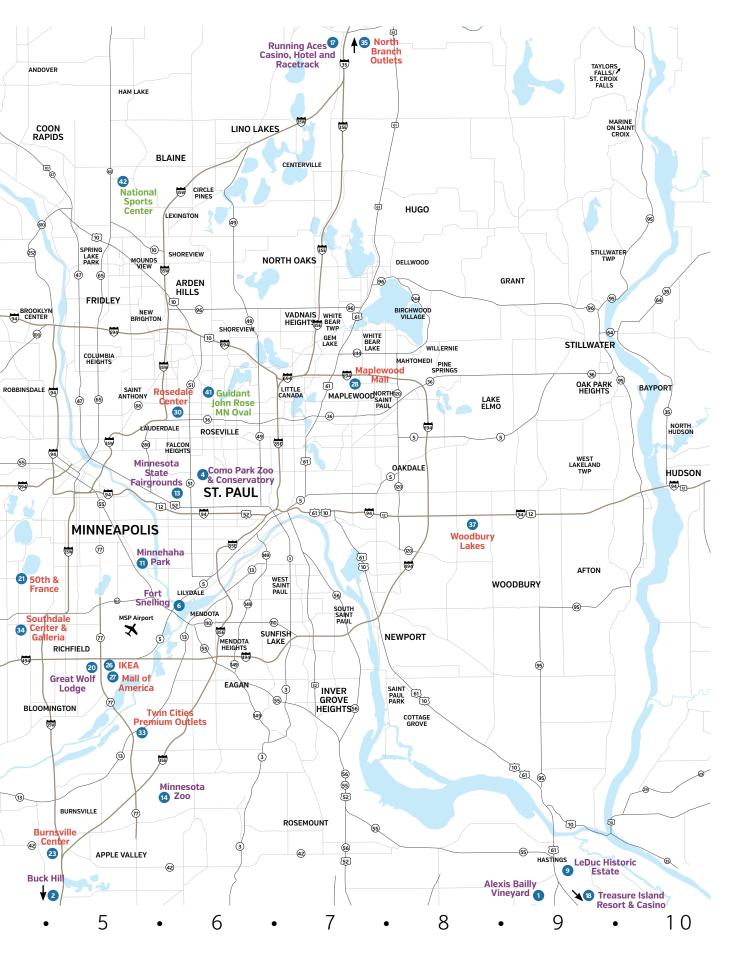
MUSEUMS
20 Minnesota Children's
MuseumD4
21 Minnesota Museum
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22 Science Museum
of MinnesotaB5
SPORTS
23 CHS Field E8
24 Xcel Energy Center C3
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St. Paul Visitor Information Center C4



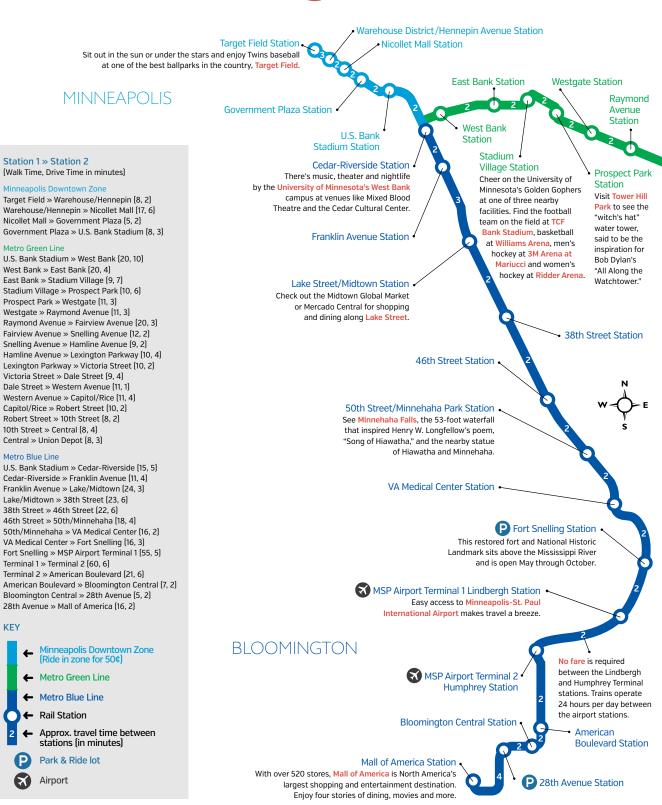
Greater Twin Cities Metro Area

ATTRACTIONS
Alexis Bailly Vineyard
2 Buck Hill
3 Canterbury ParkB3
4 Como Park Zoo & Conservatory D6
5 Elko Speedway
6 Fort Snelling
7 Hyland Hills Ski AreaC4
The Landing
9 LeDuc Historic Estate
10 Little Six Casino
11 Minnehaha Park D5
12 Minnesota Landscape ArboretumC1
13 Minnesota State Fairgrounds D6
Minnesota ZooB6
15 Mystic Lake Casino Hotel A3
16 Paisley ParkC2
W Running Aces Casino, Hotel & Racetrack H7
18 Treasure Island Resort & Casino
9 ValleyfairB3
20 Great Wolf Lodge
SHOPPING
21 50th & France
22 Albertville Premium Outlets
Burnsville Center
24 Cabela's
Eden Prairie Center
25 IKEA
2 Mall of America
23 Maplewood Mall
22 Ridgedale Center
30 Rosedale Center
31 The Shoppes at Arbor LakesF3
32 The Shops at West End
33 Twin Cities Premium Outlets
34 Southdale Center & Galleria
So North Branch Outlets
35 Wayzata Village Shoppes
3 Woodbury Lakes D8
THEATERS 3 Chanhassen Dinner Theatres
Old Log Theatre
Old Log Theatre
SPORTS Guidant John Rose MN OvalE6
42 National Sports Center





The Metro Light Rail



KFY

WHAT YOU NEED TO KNOW Trains run every 10 minutes during rush hours. Riders can purchase a rail pass at any of the ticket machines located at each station or at the Minneapolis Metro Transit Service Center on Marquette Avenue. Purchase a two-and-a-half-hour fare for \$2.50 during rush hours, \$2 non-rush hours, and a weekend or day pass for \$4 to \$5. Staying downtown? The Downtown Zone fare is 50 cents at all times-on both buses and the light rail. Call 612-373-3333 or visit metrotransit.org



Walk through the Little Mekong neighborhood, where you'll find more than a dozen restaurants and delis serving food native to China, Laos, Thailand and

Capitol/Rice Street Station

Here you'll find the Minnesota State Capitol, a Renaissance-style building designed by renowned architect Cass Gilbert. Get a tour or see the golden horses of the building's quadriga close up.

Robert Street Station

Union Depot Station

The restored railroad station where you'll be dropped off is a sight in itself, but you can also walk to the picturesque Mears Park or pick up fresh, seasonal produce at the St. Paul Farmers Market.

Central Station

In the wintertime, Rice Park turns into a winter wonderland complete with a skating rink and giant Christmas tree. In the summer, spot the statues of Peanuts characters and F. Scott Fitzgerald. Visit the nearby Landmark Center or St. Paul Central Library.



ST. PAUL



WEEKDAY TRAIN HOURS

BLUE LINE

Northbound*

First train: 4:13 a.m. Last train: 2:07 a.m.

Southbound** First train: 4 a.m. Last train: 1:12 a.m.

* Departing Mall of America Station ** Departing Target Field Station

GREEN LINE

Eastbound*

First train: 4:03 a.m. Last train: 1:14 a.m.

Westbound**

First train: 1:16 a.m. Last train: 12:16 a.m.

- * Departing Target Field Station
- ** Departing Union Depot Station





O TRANSIT



Resource Guide

Experiencing the area at its best requires ample places for recreation, refueling, and even rest and relaxation. Here, the very best of the Twin Cities' and surrounding metro area's dining establishments, top-of-the-line accommodations, historic museums, fun-filled attractions and more provide exactly that.



DINING

Downtown Minneapolis



FULTON BREWING | Brewery | Proudly serving Minnesota since 2009, Fulton has risen to one of the largest breweries in Minnesota. Join us at Minneapolis' first taproom where approachability and excellence go hand-in-hand. From a familiar American Blonde Ale to a selection of more esoteric varieties for the most discerning beer die-hard, Fulton has something for everyone. 414 Sixth Ave. N, Minneapolis, 612-333-3208, fultonbeer.com \$



J.D. HOYT'S | Steak | In the heart of Minneapolis, J.D. Hoyt's serves charcoal-grilled beef, pork chops, chicken, fish and ribs. The supper club is locally owned and nationally known with the best staff in the city, making it a favorite of athletic organizations, male and female. Open seven nights per week, Sunday brunch 10 a.m.-2 p.m. Valet parking Monday-Saturday. 301 N Washington Ave., Minneapolis, 612-338-1560, jdhoyts.com \$\$\$





LYON'S PUB | Pub | Not the best ... just your favorite. Great beers, scratch cooking, outstanding service and good friends are what separate Lyon's Pub from the rest. Your neighborhood bar in the heart of Downtown Minneapolis! 16 Sixth St. S, Minneapolis, 612-333-6612, lyonspub.com \$



MURRAY'S | Steak | For over 70 years, Murray's has been the recipient of awards for "Best Steak," "Best Wine List" and "Executive Dining." Visit this family-owned and -operated restaurant for classic American fare, the "Silver Butter Knife" steak, hickory-smoked shrimp and famed garlic toast. Reservations are suggested, 26 S Sixth St., Minneapolis. 612-339-0909, murraysrestaurant.com \$\$\$



THE MELTING POT | American | Reserve your seat at the Twin Cities' only fondue restaurant with private and semiprivate dining rooms. The restaurant's event space can seat groups of 10-40 guests for birthdays, anniversaries or any special occasion sure to make for a perfect night out at the Melting Pot. 80 S Ninth St., Minneapolis, 612-338-9900, meltingpot.com/minneapolis \$\$\$

MILWAUKEE ROAD

MILWAUKEE ROAD RESTAURANT | American | This restaurant at the Renaissance Minneapolis Hotel, The Depot is a favorite among guests and Twin Cities residents alike, featuring distinct menus with specialized and local flair. You can always count on Milwaukee Road for a hearty breakfast buffet to start the day, followed by unique lunch and dinner entrées. The restaurant features daily happy hours, local entertainment and one of the best outdoor patios in the city! 225 Third Ave. S, Minneapolis, 612-758-7826, thedepotminneapolis.com/milwaukee-road/ \$\$

Minneapolis



TWIN CITIES 400 TAVERN | American | Visit the Twin Cities 400 Tavern where visitors get a true taste of Minnesota. Accompanying the all-day dining are selections from a range of local Minnesota breweries and distilleries. The Twin Cities 400 Tavern always offers a welcoming main dining room, a great bar with adjacent solarium, a seasonal patio and private dining in the Pullman room. 1330 Industrial Blvd. NE, Suite 400, Minneapolis, 612-455-6311, tc400tavern.com \$

St. Paul



PAZZALUNA | Italian | Urban, high energy, romantic and warm are all ways to describe Pazzaluna. Come and experience the delight of engaging all five senses as you savor authentic Italian food and wine. Pazzaluna's bar features a dynamic atmosphere, delicious cocktails and light bites—perfect for a great night out. 360 St. Peter St., St. Paul, 651-223-7000, pazzaluna.com \$\$



THE ST. PAUL GRILL | American | Welcome to the St. Paul Grill, where iconic nostalgia and contemporary energy set the tone for a comfortably sophisticated dining experience. Delight in beautifully prepared steaks, chops and seafood; traditional and craft cocktail; and an award-winning wine list. Overlooking the beautiful Rice Park, the St. Paul Grill's dining experience is can'tmiss. 350 Market St., St. Paul, 651-224-7455, stpaulgrill.com \$\$

Western Suburbs



DAVE & BUSTER'S | American | The best place to eat, drink, play and watch sports! Eat the latest chef-crafted food, drink one-ofa-kind cocktails and play hundreds of the hottest games. You can have it all under one roof at Dave & Buster's with two locations in the Twin Cities. 500 Southdale Center. Edina. 612-913-5900: 11780 Fountains Pkwy., Maple Grove, 763-493-9815; daveandbusters.com \$

SHOPPING



DULUTH TRADING CO. (MEN, WOMEN) 1 Good enough? That just ain't Duluth Trading Co.'s style. At Duluth, the better way to do things is the only way to do things. From gussets to ease your reaching to underwear so comfortable you might forget you're wearing it. In short, everything you need to be comfortable all day! 9801 Lyndale Ave. S, Bloomington, 952-884-3561; 166 North Garden, Mall of America, Bloomington, 651-369-1474; 252 57th Ave. NE, Fridley, 612-255-5201; 9320 Hudson Rd., Woodbury, 952-225-5410; duluthtrading.com



MALL OF AMERICA® | Mall of America is the largest shopping and entertainment center in North America, welcoming 40 million visitors annually. With two full-service luxury on-site hotels, over 520 stores that have no sales tax on clothing or shoes, 16 attractions and 50-plus dining options, MOA® has a little bit of everything...for everyone! 60 E Broadway, Bloomington, 952-883-8800, mallofamerica.com

ACCOMMODATIONS

Downtown Minneapolis



LUMINN HOTEL MINNEAPOLIS | The LuMINN Hotel is a 55 all-suite contemporary hotel in the heart of Downtown Minneapolis, just blocks from U.S. Bank Stadium and a half block from the light rail. The hotel radiates a warm and intimate feeling, first drawing you in with the dramatic entrance and the M Lounge lobby bar, and keeping you with the upscale, energetic vibe. Suites include kitchenettes. 219 S Fourth St., Minneapolis, 612-338-3500, choicehotels.com/mn168



RENAISSANCE MINNEAPOLIS HOTEL, THE DEPOT 1 The historic Depot Complex features two hotels, an indoor pool, 24-hour fitness center, Milwaukee Road Restaurant, in-room dining, heated underground parking/valet, outdoor patios and 61,000 square feet of flexible event space with historic, modern and unique touches ideal for conventions, weddings, social events and meetings. Nightlife, dining and cultural activities within walking distance. U.S. Bank Stadium, light rail transit and skyway access across the street. 225 Third Ave. S, Minneapolis, 612-375-1700, marriott.com/mspdd

Residence INI

RESIDENCE INN BY MARRIOTT MINNEAPOLIS DOWNTOWN CITY

CENTER I Located in the heart of downtown, just blocks from the light rail and on the skyway, the recently renovated Residence Inn offers spacious suites with fully equipped kitchens. The hotel is steps from shopping, dining and entertainment venues. Amenities include complimentary hot buffet breakfast and Wi-Fi, on-site laundry and a 24-hour market! 45 S Eighth St., Minneapolis, 612-677-1000, marriott.com/mspri

Minneapolis



DELTA HOTELS BY MARRIOTT MINNEAPOLIS NORTHEAST | At Delta

Hotels by Marriott Minneapolis Northeast, travel and meetings are steady, deliberate and streamlined. Modern meeting spaces, delicious food, spacious guest rooms, on-site restaurant and bar, complimentary local shuttle rides, and Wi-Fi are just some of the amenities. Simple made perfect. 1330 Industrial Blvd. NE, Minneapolis, 612-331-1900, marriott.com/mspde



MINNESTAY I Vacation homes, city lofts, luxury estates and cabins. Escape the confines of a hotel for the very best vacation rentals Minnesota has to offer. Your whole vacation starts here. Book direct and save! 612-216-5511, minnestay.com

St. Paul



THE SAINT PAUL HOTEL

THE SAINT PAUL HOTEL I Since 1910, the iconic Saint Paul Hotel has been the premier choice for out-of-town leisure and business visitors. Conveniently located in the heart of St. Paul's entertainment, arts and cultural districts and overlooking Rice Park, the hotel has 255 elegantly appointed rooms including 30 luxurious suites, all fully equipped for business or relaxation. Other features include outstanding service and award-winning food. 350 Market St., 651-292-9292, saintpaulhotel.com

NORTH METRO Anoka



REGENCY INN & SUITES I Guestrooms at Regency Inn and Suites Anoka offer air conditioning, cable television, clock radios, in-room coffee makers, wired and wireless high-speed internet access and continental breakfast service. Bathrooms include hair dryers.

Services include housekeeping, wake-up call services and fax services. Handicap rooms are available, along with the choice of non-smoking and smoking rooms. 1129 Hwy. 10 W, Anoka, 763-422-8000, regencyinnmn.com



TICKNOR HILL BED & BREAKFAST I The historic Ticknor Hill was built in 1867 when Anoka was a bustling river town. This Queen Anne Victorian home is on the National Register of Historic Places and located in the northwestern Twin Cities area. The bed and breakfast is minutes away from all your favorite cultural and sporting events in the area. 1625 Third Ave. S, Anoka, 763-421-9687, bit.ly/2fvW9r0

Blaine



ASTERIA INN & SUITES | The Asteria Inn & Suites in Blaine is conveniently located within a mile of the National Sports Center and Schwan's Super Rink. The hotel proudly offers an indoor swimming pool, whirlpool, Jacuzzi suites, free high-speed wireless internet, SuperStart deluxe continental breakfast and newly renovated rooms and beds. 9410 Baltimore St. NE, Blaine, 763-786-8888, asteriablaine.com



BEST WESTERN PLUS BLAINE AT THE NATIONAL SPORTS CENTER I

An all suite, 100 percent smoke-free hotel located across the street from the National Sports Center. Hotel offers a complimentary full hot breakfast, swimming pools, spa, fitness center, game room, free Wi-Fi, business center with computers, copy and fax, and sofa sleepers and refrigerator/microwave in all rooms! 10580 Baltimore St. NE, Blaine, 763-792-0750, bestwestern.com

Fairfield BY MARRIOTT

FAIRFIELD INN & SUITES BY MARRIOTT MINNEAPOLIS NORTH/

BLAINE I The staff at Fairfield Inn & Suites provides warmth and comfort with every stay. You'll feel right at home in modern, spacious guest rooms and suites that offer premium amenities including complimentary breakfast, high-speed Wi-Fi, an indoor pool and whirlpool, fitness center, convenience market, guest laundry center and more. 10643 Baltimore St. NE, Blaine, 763-285-4766, marriott.com

Coon Rapids



AMERICINN BY WYNDHAM COON RAPIDS | Welcome to the AmericInn Lodge & Suites located near the National Sports Center! The prime Coon Rapids location and wonderful amenities make the American by Wyndham your best choice while visiting the area. The hotel offers 53 beautifully appointed rooms and suites, featuring a variety of room types to keep everyone comfortable. 3430 Northdale Blvd., Coon Rapids, 763-323-0010, bit.lv/2B200ri



BAYMONT BY WYNDHAM | Offers comfortable guest rooms at a superior value for both business and leisure travelers. Enjoy complimentary breakfast, including more variety and healthier options. Located less than 10 minutes from the National Sports Center and Schwan's Super Rink in Blaine. 8965 Springbrook Dr., Coon Rapids, 763-515-1977, bit.ly/2DLaroe



COUNTRY INN & SUITES | With its spacious rooms and convenient location near Blaine, the Country Inn & Suites by Carlson in Coon Rapids is the perfect home away from home for travelers. Hotel guests enjoy a variety of perks, including free high-speed internet access, a heated indoor pool and a complimentary hot breakfast buffet. 155 Coon Rapids Blvd. NW, Coon Rapids, 763-780-3797, bit.ly/11c8VPs



HOLIDAY INN EXPRESS & SUITES | Treat yourself to a comfortable, convenient stay at our Holiday Inn Express® hotel in Coon Rapids. Its location near Minneapolis benefits travelers visiting the businesses and attractions in the city. The hotel's indoor heated pool, whirlpool and 24-hour fitness center will help you unwind and relax. 9333 Springbook Dr., Coon Rapids, 763-792-9292, hiexpress.com



INTOWN SUITES COON RAPIDS | InTown Suites is the leader in extended stay living, offering everything you need to be at home for a week or longer! The Coon Rapids location offers fully furnished efficiencies, complete kitchens, free high-speed internet, premium TV, guest laundry, weekly housekeeping, utilities, low weekly rates and free local calls. 420 Coon Rapids Blvd., Coon Rapids, 800-553-9338, intownsuites.com



WINGATE BY WYNDHAM COON RAPIDS | At Wingate by Wyndham, guests are provided with all the elements they need for a great stay. Stay connected to the world with free Wi-Fi, keep connected to your daily routine with a free hot breakfast buffet and fitness centers, and connect to convenience in guest rooms appointed with flat-screen TVs, microwaves and refrigerators. 3420 Northdale Blvd. NW, Coon Rapids, 763-576-0700, bit.ly/2myFYS3



QUALITY INN I Welcome to the Quality Inn Northtown, a Coon Rapids hotel near National Sports Center. This hotel offers many full-service amenities, including free continental breakfast, wireless high-speed internet access, a complimentary daily newspaper and free local calls. All rooms feature refrigerators, microwaves, coffee makers, hair dryers, irons, ironing boards and in-room safes. 9052 University Ave. NW, Coon Rapids, 763-785-4746, qualityinn.com

Fridley



BUDGET HOST INN FRIDLEY | The Budget Host Inn in Fridley is a modest-sized hotel with 23 units, each with at-door parking for extra convenience. This hotel offers affordable accommodations in a location convenient to area highways. Each guest room is equipped with cable TV with movie channels and direct-dial phones. 6881 Hwy. 65, Fridley, 763-571-0420, budgethostfridley.com



LIVINN HOTEL FRIDLEY | The LivINN Hotel Fridley is considered a Minneapolis Best Value Hotel by offering more services and amenities than any other hotel in its price range. All rooms are interior corridor and include high-speed internet, room service, a complimentary newspaper, microwaves, refrigerators, in-room safes, key card entries, sitting areas and custom furnishings. 5201 Central Ave. NE, Fridley, 763-571-9440, livinnfridley.com



WOODSPRING SUITES | Check out WoodSpring Suites—an extended stay hotel with a great reputation for giving guests just what they need at a phenomenal price. Whether you call WoodSpring Suites home for a few days, weeks or longer, you can count on this Fridley hotel to provide a simple, reasonable and straightforward extended stay hotel experience. 230 57th Ave. NE, Fridley, 612-504-6512, bit.ly/2tDRgYh



AMERICINN BY WYNDHAM HAM LAKE | This hotel is only 3 miles from the National Sports Center! It offers a variety of amenities including free high-speed wireless internet, Americann Perk Hot Breakfast, heated indoor pool, spa and sauna, a game room, guest laundry, and shuttle services. The hotel also offers group discounts and special rates and packages. 13440 Hwy. 65 NE, Ham Lake, 612-470-5116, bit.ly/2DBb9Uf

Lino Lakes



HAMPTON INN & SUITES LINO LAKES | Come and enjoy this beautiful new hotel in Lino Lakes. While you're here, you'll love sleeping on Cloud 9 beds while enjoying 32-inch flat screen HDTVs. Rooms are equipped with a microwave, refrigerator and coffee maker. Enjoy the indoor pool, whirlpool, sauna, fitness center, game room and free hot continental breakfast. 579 Apollo Dr., Lino Lakes, 763-746-7999, bit.ly/2eJ4xFx

Mounds View



AMERICINN BY WYNDHAM MOUNDS VIEW MINNEAPOLIS |

At the Mounds View Americann Hotel & Suites, the staff delivers all the amenities. Conveniently located just off Interstate 35W, this hotel offers 69 comfortable guestrooms, a heated indoor pool, waterpark with a 100-foot waterslide, restaurant and sports bar, 32-lane bowling center, and a large midway with games! 2200 Hwy. 10, Mounds View, 763-515-9230, bit.ly/2B20ØaN



DAYS INN BY WYNDHAM MOUNDS VIEW TWIN CITIES NORTH |

The recently renovated Days Inn in Mounds View surrounds travelers with the conveniences that make business or pleasure travel easy. You will be treated to all the standard Days Inn extras that make your stay more enjoyable, like the free Daybreak Breakfast, refreshing SolTerre shower experience and free Wi-Fi. 2149 Program Ave., Mounds View, 763-786-9151, daysinn.com

New Brighton



HOMEWOOD SUITES BY HILTON | Homewood Suites by Hilton offers all of the amenities of home—allowing you to be both comfortable and productive while you travel. The spacious studio, one- and two-bedroom suites feature separate living and sleeping areas. Each has a fully equipped kitchen with full-size refrigerator, microwave, two-burner stove and dishwasher. 1815 Old Hwy. 8 NW, New Brighton, 651-631-8002. bit.ly/2fPykPs

Shoreview



BEST WESTERN PLUS | Welcome to the Best Western Plus® St. Paul North/Shoreview hotel. Enjoy the convenient location in Shoreview, just minutes from the Twin Cities. Amenities include a pool, Jacuzzi, game room, internet access, in-room games and pay-per-view movies, meeting function/reception space, a bar, hot breakfast buffet, restaurant, fitness center, business center and shuttle. 1000 Gramsie Rd., Shoreview, 651-482-0402, bestwestern.com



COUNTRY INN & SUITES | Enjoy this premier hotel conveniently located in Shoreview off Interstate 35W and County Road J. Enjoy the complimentary hot breakfast, 32-inch flat screen TV with free HBO, refrigerators and microwaves in every room, iPod docking stations in every suite, and a heated pool with a waterslide, whirlpool and kiddie pool. 5995 Rice Creek Pkwy., Shoreview, 651-784-6000, countryinns.com



HILTON GARDEN INN 1 This Shoreview hotel offers deluxe accommodations, friendly service and a relaxed atmosphere. Certain to please both the busy executive and leisure traveler are amenities that include the new V3 Sleep System beds in all king rooms and complimentary high-speed internet access with secure remote printing. 1050 Gramsie Rd., Shoreview, 651-415-1956, hiltongardeninn.hilton.com

WEST METRO Golden Valley



HOLIDAY INN EXPRESS AND SUITES GOLDEN VALLEY | Corporate and leisure travelers enjoy free parking, a complimentary hot breakfast buffet and free wireless high-speed internet. This Golden Valley hotel has a perfect Twin Cities location for going downtown to an event at Target Field, U.S. Bank Stadium, the Convention Center or Target Center. 6051 Golden Hills Dr., Golden Valley, 763-545-8300, ihg.com



RAMADA MINNEAPOLIS GOLDEN VALLEY | The Ramada

Minneapolis Golden Valley, voted No. 1 Best of Ramada in 2017, is the perfect place to stay while experiencing Minnesota. Whether here for business or pleasure, the hotel's amenities are sure to leave you comfortable and satisfied throughout your stay. Come on in and see what Ramada can do for you! 6300 Wayzata Blvd., Golden Valley, 763-575-8501, wyndhamhotels.com

St. Louis Park



AC MARRIOTT — MINNEAPOLIS WEST END 1 The AC by Marriott is more than a place to stay; it's a haven for cultural innovation in the thriving West End area. Here, Spanish style meets European influences and views of downtown take your breath away. Enjoy a custom craft cocktail at our rooftop bar, REVEAL. Experience the inspirational effect of excellence. 5075 Wayzata Blvd., St. Louis Park, 763-545-0000, ac-hotels.com

COURTYARD®

MINNEAPOLIS WEST

COURTYARD MINNEAPOLIS WEST | Paired to perfection! Adjoined to the Marriott West, hotel guests enjoy not only the latest guest room designs, but also enhanced amenities including an indoor pool, fully equipped fitness center, on-site Starbucks, innovative lobby spaces, modern meeting and event spaces, convenient Bistro service and all-day menu options at Kip's Irish Pub. 9980 Wayzata Blvd., St. Louis Park, 952-769-8997, marriott.com/mspcw



DOUBLETREE BY HILTON — PARK PLACE | Adjacent to the Shops at West End and minutes from downtown, the hotel features Hilton's guestroom digital key, 50-inch HD TVs, Serta Suite Dreams® beds, 26,000 square feet of meeting space, full catering and A/V services, complimentary parking and Wi-Fi, saline pool and hot tub, fitness center, Dover Restaurant & Bar, and in-room dining. 1500 Park Place Blvd., St. Louis Park, 952-542-8600, doubletree3.hilton.com



HOMEWOOD SUITES BY HILTON I At the Homewood Suites by Hilton at the West End, guests will find spacious studios and one- and two-bedroom suites featuring separate living and sleeping areas. Full kitchens, complimentary breakfast and dinner reception (Monday-Thursday) create your home away from home. 5305 Wayzata Blvd., St. Louis Park, 952-544-0495, homewoodsuites3.hilton.com



MINNEAPOLIS MARRIOTT WEST | Travel brilliantly! Make yourself comfortable in one of the hotel's 195 spacious rooms or suites. Enjoy the indoor swimming pool, fully equipped fitness center, on-site Starbucks, sophisticated lobby areas and a meal at Kip's Irish Pub. Or, plan your next event in the 12,300 square feet of versatile meeting and event space. 9960 Wayzata Blvd., St. Louis Park, 952-544-4400, marriottminneapoliswest.com

SPRINGHILL SUITES

MARRIOTT

SPRINGHILL SUITES MINNEAPOLIS WEST I Conveniently located near the Shops at West End, SpringHill Suites is one of St. Louis Park's all-suite hotels whose suites feature a dedicated living area with a work desk, sleeper sofa, wet bar, mini refrigerator and microwave. Bedrooms offer plush bedding, pillow top mattresses and iPod-ready docking stations. A full hot breakfast and wireless internet are included. 5901 Wayzata Blvd., St. Louis Park, 952-738-7300, marriott.com/mspsl



TOWNEPLACE SUITES 1 TownePlace Suites is a perfect fit for long- and short-term stays. All suites feature complimentary high-speed wired and wireless internet, fully equipped kitchen and living areas, a 24-hour market, 24-hour business center, seasonal outdoor pool and 24-hour fitness center. 1400 Zarthan Ave. S, St. Louis Park, 952-847-6900, marriott.com/mspls

Prior Lake



MYSTIC LAKE CASINO HOTEL® | Experience luxury illuminated with 766 modern hotel rooms and suites, plus more than 116,000 square feet of flexible event space. Hotel guests enjoy complimentary valet parking, Wi-Fi, a fitness center and an atrium pool. Follow the lights to Minnesota's premier resort destination for dining, nightlife, gaming and more—just minutes from Minneapolis. 2400 Mystic Lake Blvd., Prior Lake, 800-262-7799, mysticlake.com

Columbus



RUNNING ACES CASINO, HOTEL & RACETRACK 1 The 116 room, full-service GrandStay Hotel features a modern look and feel from the lobby to the sleeping rooms and is equipped with the newest state-of-the-art technology. Rooms will have a trackside view of the races and be close to all the gaming excitement. runaces.com

Welch



TREASURE ISLAND RESORT & CASINO | Discover your own private island at Minnesota's second largest hotel! With a luxurious 788-room hotel, full-service salon and spa, slots, table games, bingo, golf, luxury cruise liner, bowling center and an indoor water park, anything can happen. What's next is up to you. Book your island escape today! 5734 Sturgeon Lake Rd., Welch, 800-222-7077, ticasino.com



ENTERTAINMENT

Casinos

MyStic Like

MYSTIC LAKE CASINO HOTEL® | Live your best night life at Mystic Lake®. Glow for a win with 24/7 slots, blackjack and bingo. Savor bright flavors at distinctive bars and restaurants, lighten up with a spa treatment, and see shining stars onstage. Follow the lights to Minnesota's premier resort destination—just minutes from Minneapolis. 2400 Mystic Lake Blvd., Prior Lake, 800-262-7799, mysticlake.com



RUNNING ACES CASINO, HOTEL & RACETRACK | Running Aces Casino, Hotel & Racetrack is a cutting-edge, Las Vegas-style card room with live summer horse racing, a full-service restaurant, year-round Simulcast wagering, a trout pond for fishing, weekly music, monthly comedy shows and a full bar. Smoke-free facility. Open 24/7 and located 25 minutes north of Downtown Minneapolis. Hotel opening 2020. 15201 Running Aces Blvd., Columbus, 651-925-4600, runaces.com



TREASURE ISLAND RESORT & CASINO | Enjoy Vegas-sized entertainment just 45 minutes from the Twin Cities. Our 150,000-square-foot gaming floor has more slots, table games and bingo payouts than you can imagine. Plus, Treasure Island is attracting some of the biggest and best to the 3000-seat Island Event Center and 16,000-capacity Treasure Island Amphitheater. 5734 Sturgeon Lake Rd., Welch, 800-222-7077, ticasino.com

Theaters

Chanhassen

CHANHASSEN DINNER THEATRES | For 50 years, Chanhassen Dinner Theatres has been recognized for quality dining and entertainment. Guests relax and enjoy tableside service with entrées selected from a delicious menu including specialty appetizers, cocktails and desserts. Enjoy an evening at the nation's largest professional dinner theater. AAA magazine says, "Any Twin Cities visit should include an evening at Chanhassen!" 501 W 78th St., Chanhassen, 952-934-1525, chanhassendt.com



GUTHRIE THEATER | Located in Downtown Minneapolis, the Guthrie is an American center for theater performance, dedicated to producing a mix of classic and contemporary plays. The facility is open to the public year round and boasts three state-of-the-art stages, full-service restaurants and spectacular views of the Mississippi River and downtown skyline. Backstage tours available. 818 S Second St., Minneapolis, 612-377-2224, guthrietheater.org

MUSEUMS + ATTRACTIONS

Attractions



THE BAKKEN MUSEUM Innovation is core to the human experience. The Bakken Museum explores innovation at the intersection of science, technology and the humanities through engaging exhibits, camps and classes. Plan your perfect event in the museum's historic West Winds mansion. 3537 Zenith Ave. S, Minneapolis, 612-926-3878, thebakken.org



CRYSTAL CAVE | Crystal Cave is fun for the entire family! Discover the wonders of Wisconsin's longest cave with guided tours. Search for real gems and fossils at Prospector's Creek, hike the trails, enjoy the educational gift shop and, in the summer, take in the new mini golf course. There is always something to discover at Crystal Cave! W965 State Rd. 29, Spring Valley, Wisconsin, 715-778-4414, acoolcave.org

MINNESOTA* STATE FAIR

MINNESOTA STATE FAIR | The Great Minnesota Get-Together welcomes 2 million guests to a world-class showcase of agriculture, art and industry with 500 foods, 900 free shows, 1,000 shops, rides, games, a Grandstand Concert Series, exhibits for kids and adults, and more. Always 12 days of fun ending Labor Day—join us from Aug. 27-Sept. 7, 2020! 1265 Snelling Ave. N, St. Paul. 651-288-4400. mnstatefair.org

NICKELODEON UNIVERSE® | Located in the center of Mall of America®, Nickelodeon Universe is home to 7 acres of unique attractions, entertainment and dining options. Meet the Nick characters, experience spine-tingling rides, visit unique retail shops and more! 5000 Center Ct., Bloomington, 952-883-8800, nickelodeonuniverse.com



PARADISE CHARTER CRUISES & MINNEAPOLIS QUEEN | Offers sightseeing boat cruises, scenic tours and private charters on Lake Minnetonka and the Mississippi River. Enjoy panoramic views of the river, the Minneapolis skyline and the beautiful Lake Minnetonka area, with options including wedding cruises, corporate events, birthday parties and more. 952-474-8058, twincitiescruises.com



WABASHA STREET CAVES | This historic site includes mining. mushrooms, gangsters and ghosts. Once a mushroom farm transformed into a night club, this was a hangout for gangsters like John Dillinger who visited St. Paul in the 1930s. Now, it's an event facility that hosts a variety of tours including the Historic Cave Tour, St. Paul Gangster Tour and Lost Souls Tour. 215 Wabasha St. S. St. Paul. 651-224-1191, wabashastreetcaves.com

Destinations



APPLE VALLEY CHAMBER OF COMMERCE & CVB | Welcome to Apple Valley, home of the Minnesota Zoo! From shopping and nightlife to endless opportunities for swimming, golfing, hiking, canoeing and biking, this ranked Best Place to Live by CNN/ Money has it all. Check out more than 60 restaurants and coffee shops within a few blocks of the area's best hotels, or shop at the Twin Cities Premium Outlets—just a five-minute drive away. 14800 Galaxie Ave., Suite 101, Apple Valley, 952-432-8422, visitapplevalley.com



BLOOMINGTON CONVENTION & VISITORS BUREAU | Home of Mall of America and located next to MSP International Airport. Bloomington also has 40-plus hotels, most of which offer complimentary parking and shuttle to the airport and Mall of America. Themed getaway packages bundle hotel accommodations and attraction passes, including Girlfriends Getaway, Family Fun and the Big Ticket. See lowest hotel rates, coupons and latest events at bloomingtonmn.org. 952-858-8500



ESOTA'S SWEET SPOT

DISCOVER ST. LOUIS PARK | St. Louis Park and Golden Valley offer small town charm uber close to Downtown Minneapolis. You'll find exceptional food, unique shopping, fun attractions and relaxing accommodations. Grab your family or friends and come stay and play in Minnesota's Sweet SpotSM. For your free mobile coupon app for local restaurants and attractions, visit discoverstlouispark.com. 1660 S Hwy. 100, Suite 501, St. Louis Park, 952-426-4047, discoverstlouispark.com



ENJOY EAGAN | Enjoy your next vacation in Eagan, home of Twin Cities Premium Outlets and Viking Lakes, the home of the Minnesota Vikings. Eagan is also your connection to an array of amazing attractions, including Mall of America®, Nickelodeon Universe, the Minnesota Zoo and more. Plus, you'll enjoy free tickets to top attractions with a qualifying stay at any of Eagan's 18 incredible hotels. 1501 Central Pkwy., Eagan, 866-324-2620, @EaganMinnesota, facebook.com/enjoyeagan, eaganmn.com



HUDSON AREA CHAMBER OF COMMERCE & TOURISM BUREAU |

Just a short drive from the Twin Cities metro, historic Hudson. Wisconsin, offers attractions, activities and accommodations for all. From nature lovers and culture enthusiasts to shoppers, foodies and those who love wines and brews, you'll find a unique variety of it all here. Set on the banks of the scenic St. Croix River, discover the natural beauty and year-round recreation of Hudson, Wisconsin! 502 Second St., Hudson, WI, 715-386-8411, discoverhudsonwi.com



MEET MINNEAPOLIS | Minneapolis is a world-class city, with surprises around every corner. Kayak the Mississippi, taste global flavors, experience top-notch theater, cheer for your favorite team, sip on a locally crafted brew or dance the night away without ever leaving downtown. Welcome to the City by Nature. You've never met a place quite like this. 801 Marguette Ave. S. Suite 100. Minneapolis, 888-676-MPLS, minneapolis.org



VISIT LAKEVILLE MINNESOTA | Known for its natural beauty and recreation, Lakeville boasts lakes, swimming beaches, fishing piers, boat launches, golf courses, 100 miles of paved trails, 433 miles of conservation area and a historic downtown. Conveniently located on I-35, minutes from Twin Cities attractions such as the Minnesota Zoo, Mall of America, Valleyfair, Canterbury Park, Mystic Lake Casino and Elko Speedway. 19950 Dodd Blvd., Lakeville, 952-469-2020, visitlakeville.org

Historic Homes/Sites/Tours



PAISLEY PARK | Step into Paisley Park: Tour Prince's home, studio and musical sanctuary, now a 65,000-square-foot museum including the soundstage and recording and mixing studios. Let Prince's iconic clothing, awards, words and instruments inspire you all over again. 7801 Audubon Rd., Chanhassen, approximately 20 minutes from MSP Airport. Hours vary by season. Tickets available online only at paisleypark.com.



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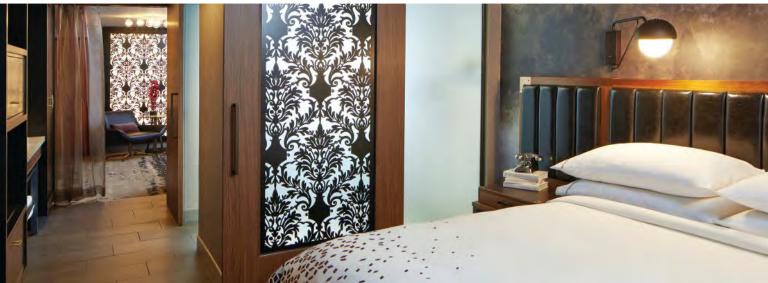
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