



PRESENTORS



Brandon Anderson

Vice President of Safety,
AGC of Missouri



Ricky Reams

Vice President of Safety
and Quality,
Murphy Company



Mary McCarthy

Workplace Services
Business Manager,
EFR Employee & Family
Resources

Date: Tuesday, May 14th

Location: West48 Event Space

(1601 48th St #100, West Des Moines)

Schedule:

- 9:30am - Presentation
- 11:00am - EAP Overview
- 11:30pm - Lunch

Creating HOPE Through Action

Year after year the construction industry suffers from a silent killer. A few years ago AGC of America, and powered by a couple of local chapters, headed the call to raise awareness. Now at a place with the industry realizing we have a problem, the question is, “now what to do we do?”

Mr. Anderson and Mr. Reams will walk attendees through a captivating presentation, breaking down the current state of the industry, the why, and discussing the stigma surrounding Mental Health, Suicide Prevention and Substance Misuse. Throughout this session the underlying focus will become clear that we all are capable of the transformative potential of “Creating HOPE Through ACTION”.

Moreover, this audience engaging discussion emphasizes the significance of compassion, support, and the daily opportunities presented to you, as you embark on your own journey to take ACTION.

Upon completion, participants will have a better understanding of:

- What is plaguing the industry.
- The contributing circumstances and/or root causes.
- Potential upstream intervention.
- Signs someone may be struggling and to the point of crisis.
- How to engage that individual.
- How to become more knowledgeable about available resources.
- Proven best practices that can be implemented immediately.

RSVP by Tuesday, May 7th

[Click to Register](#)

About the Speakers



Brandon Anderson, Vice President of Safety at AGC of Missouri; has 26 years of experience in the construction industry; holding various positions from leadership to senior safety and senior employee development specialist roles.

Mr. Anderson is not only a lifetime construction professional but also an advocate for total worker wellbeing; with a focus on Mental Health, Suicide and Substance Misuse.

In 2022 he co-founded AGC of America's National Task Force; Mental Health, Suicide Prevention. He currently serves as the co-chair; and serves on numerous other committees nationally. His passion and personal experience runs deep and his impact is recognized throughout the Midwest; as well as nationally.



Ricky Reams serves as the Vice President of Safety and Quality for Murphy Company and has nearly 30 Years' experience as a safety professional and consultant in a variety of industries in both the public and private Sectors. Mr. Reams was awarded 2022 Safety Professional of the Year award from the Mechanical Contractors Association of America (MCAA) and was awarded the 2022 Safety Professional of the Year (SPY) Award from the American Society of Safety Professionals (ASSP) St. Louis Chapter.

Mr. Reams serves on the National Mental Health & Suicide Prevention Task Force through the Associated General Contractors of America (AGC) and as an At-Large Director of the Construction Industry Alliance for Suicide Prevention (CIASP). He regularly promotes and presents on Mental Wellbeing and Suicide Prevention in the construction industry across the country.

He has served as the President of the American Society of Safety Professionals (ASSP) St. Louis Chapter and is an active member of several other local and national safety boards and committees.



Mary McCarthy, Workplace Services Business Manager at EFR.

EFR, a 501 (c)(3) nonprofit, works in communities, workplaces, and schools delivering mental health and substance abuse services through its Employee Assistance, Student Assistance, Counseling, Substance Abuse, and Prevention Programs. EFR's services range from prevention of substance abuse, brief intervention when people need it, to outpatient treatment of mental health and substance use disorders.